

Unchained

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Phyllis Tom (USA) & Dan Wilson (USA)

Music: Unchained Melody - LeAnn Rimes



LEFT CROSS ROCK, & RIGHT CROSS ROCK, & FORWARD, LOCK, & FORWARD RIGHT, PIVOT ½ TURN LEFT

- | | |
|------|--|
| 1-2& | Rock-step left foot across in front of right, recover weight onto right foot, step left beside right |
| 3-4& | Rock-step right foot across in front of left, recover weight onto left foot, step right beside left |
| 5-6& | Step left forward, lock right behind left, step left diagonally forward |
| 7-8 | Step right forward, pivot ½ turn left |

SHUFFLE ½ TURN LEFT, BACK LEFT, HEEL TURN ½ LEFT, ROCK FORWARD, RECOVER, RIGHT FULL MONTEREY

- | | |
|-----|---|
| 1&2 | Shuffle forward right, left, right making ½ turn left (complete the turn on the first 2 steps, stepping straight back on the third step) |
| 3&4 | Step back left, pivot ½ turn left on both heels, roll weight forward onto left foot |
| 5-6 | Rock-step right forward, recover weight onto left |
| 7&8 | Touch right toe to right side, spin full turn right on ball of left foot while drawing right foot in beside left, transfer weight to right foot |

Option: for steps 7&8 a right back coaster can be done instead of the touch & full spin Monterey

ROCK LEFT SIDE, RECOVER, VINE ¼ RIGHT, ROCK FORWARD, RECOVER, 1&½ TURNS RIGHT

- | | |
|-----|--|
| 1-2 | Rock left side left, recover weight onto right |
| 3&4 | Step left behind right, step right into ¼ turn right, step left forward |
| 5-6 | Rock right forward, recover weight onto left |
| 7&8 | Step right back into ½ turn right, step left forward into ½ turn right, step right back into ½ turn right (turns travel along line of dance) |

ROCK FORWARD, RECOVER, BACK, LOCK, BACK, SKATE ¼ TURN RIGHT, SKATE DIAGONAL LEFT, TRIPLE FULL TURN RIGHT

- | | |
|-----|--|
| 1-2 | Rock forward left, recover weight onto right |
| 3&4 | Step back left, lock right across left, step back left |
| 5-6 | Skate right into a ¼ turn right, skate diagonal left |
| 7&8 | Triple full turn right, right, left, right in place, squaring body to new front wall |

REPEAT
