

# Your Body

**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Paul Foxall (UK)

**Music:** Your Body - Tom Novy



- 
- |      |  |
|------|--|
| 1-4  | Walk forward right, left, walk back right left   |
| 5-8  | Rock right to the right side, recover, rock right foot behind left, recover                            |
|      |  |
| 1-4  | Walk forward right, left, pivot ½ turn right on balls of both feet, turn ½ right stepping back on left |
| 5-8  | Walk round 1 full turn right, left, right, left  |
|      |  |
| 1-2  | Rock right foot to the right side, recover   |
| 3&4  | Step right behind left, step left to the left side, step right across left                             |
| 5-6  | Stomp left foot to the left side, hold   |
| 7-8  | Swing hips left to right, slightly bending the knees (keep weight on left)                             |
|      |  |
| 1&2  | Right coaster step   |
| 3-4  | Step forward left, pivot ½ turn right  |
| 5-6  | Turn ½ right stepping back on left, hold   |
| 7-8  | Rock back on right, recover  |
|      |  |
| 1-2  | Walk forward right, left   |
| &3-4 | Rock right to right side turning ¼ of a turn to the left, cross right over left                        |
| 5-6  | Stomp left to left side, hold  |
| &7-8 | Step right next to left, step left to left side, step right next to left                               |
|      |  |
| 1-2  | Rock left to left side, recover  |
| 3&4  | Step left behind right, step right to right side, step left across right                               |
| 5-6  | Rock right foot to right side, recover   |
| 7-8  | Rock right foot behind left, recover   |
|      |  |
| 1-2  | Step right foot forward, pivot ½ turn left   |
| 3-4  | Step right foot forward, pivot ¼ turn left   |
| 5-6  | Step right across left, step left to left side   |
| 7&8  | Step right behind left, step left to left side, step right across left                                 |
|      |  |
| 1-2  | Step left to left side, hold   |
| &3-4 | Step right next to left, step left across right, step right to right side                              |
| 5-6  | Touch left toe back, turn ½ turn left as you step on it  |
| 7-8  | Rock right to right side as you turn ¼ turn left, recover  |

**REPEAT**

---