

# It's A Heartache

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Helen Born (USA), Nita Lindley (USA) & Pat Donley (USA)

**Music:** It's a Heartache - Trick Pony



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## FULL RIGHT TURN, FULL LEFT TURN, TOUCHES

1-2-3-4      Begin a full turn to the right traveling right, step right, left, right, touch left next to right

5-6-7-8      Begin a full turn to the left traveling left, step left, right, left, touch right next to left

**Option: normal right & left vines in this section**

## ROCK STEPS, ½ TRIPLE TURNING STEPS, POINTS & STEPS

1-2-3-4      Step diagonally right rock forward on right, rock back, back on left, rock forward on right, rock back on left

5&6-7-8      Over right shoulder ½ turn right, stepping right, left, right, point left to left, step left next to right

9-16      Repeat counts 1-8

## ¼ LEFT, SIDE SHUFFLE, ROCK STEP, LEFT GRAPEVINE

1&2-3-4      Turning ¼ turn left and side shuffle right, left, right, rock back on left, recover on right

5-6-7-8      Step left to left, right slightly behind left, step left, touch right next to left

**REPEAT**

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