It's My Life



Count: 44 Wall: 2 Level: Intermediate

Choreographer: Peter McCreery (UK)

Music: It's My Life - Bon Jovi



CROSS KICKS AND FORWARD WALKS

Cross right foot over left
 Kick left foot to left side
 Cross left over right
 Kick right foot to right side

5-8 Walk forward, right, left, right, left

1 1/4 TURN WITH TOE STRUTS

15-16 Left toe strut forward

CROSS ROCK, 1/4 TURN SHUFFLE AND WEAVE

17-18 Rock step right across left, rock back on left

19&20 ½ turn to right, step right to right side, bring left together and step right to right side

21 Cross left over right
22 Step right to right side
23 Step left behind right

24 ½ turn to right stepping right forward

1/2 TURN, 1/4 TURN ROCK AND SAILOR SHUFFLES

25-26 Step left foot forward, ½ turn to right

27 Step left foot forward

28 Rocking back onto right, turn ½ turn to the right

29&30 Sailor shuffle with left foot 31-32 Sailor shuffle with right foot

KICKS WITH TURNS

33 Kick left foot forward
34 Touch left toe behind
35-36 Unwind ½ turn to left
37 Kick right foot forward
38 Touch right toe behind
39-40 Unwind ½ turn to right

SHOULDER ROLLS

41 Step left foot forward 42 Step right foot beside left

43 Roll right shoulder44 Roll left shoulder

REPEAT