

Green Onions

Count: 48

Wall: 4

Level: Soul Line Dance

Choreographer: Manchester Soul Liners

Music: Green Onions - Booker T. & The M.G.'s



Dedicated to Paula Chandler, Butch Thomas and all our Soul Line dance friends in the United States of America! We hope you like the music and steps

GRAPEVINE RIGHT, GRAPEVINE LEFT (ALTERNATIVE - ROLLING 'VINE INSTEAD) WITH ¼ TURN

- 1-2 Step right to right side. Step left behind right
3-4 Step right to right side. Touch left beside right (no weight)(angle body and click fingers to right)
5-6 Step left to left side. Step right behind left
7-8 Step left to left side, making ¼ turn left. Touch right beside left (angle body and click fingers to left)

GRAPEVINE RIGHT, GRAPEVINE LEFT (ALTERNATIVE - ROLLING 'VINE INSTEAD)

- 9-10 Step right to right side. Step left behind right
11-12 Step right to right side. Touch left beside right (no weight)(angle body and click fingers to right)
13-14 Step left to left side. Step right behind left
15-16 Step left to left side. Touch right beside left.(angle body and click fingers to left)

TOE STRUTS (FORWARD AND BACK!)

- 17-18 Step right toe forward. Drop right heel to floor (swing arms from side to side)
19-20 Step left toe forward. Drop left heel to floor (swing arms from side to side)
21-22 Step right toe backward. Drop right heel to floor (swing arms in combing hair motion)
23-24 Step left toe backward. Drop left heel to floor (swing arms in combing hair motion)

TOE STRUTS (FORWARD AND BACK!)

- 27-26 Step right toe forward. Drop right heel to floor (swing arms from side to side)
27-28 Step left toe forward. Drop left heel to floor (swing arms from side to side)
29-30 Step right toe backward. Drop right heel to floor (swing arms in combing hair motion)
31-32 Step left toe backward. Drop left heel to floor (swing arms in combing hair motion)

MONTEREY ½ TURNS

- 33-34 Point right to right side. Step right by left making ½ turn right (point fingers to right)
35-36 Point left to left. Step left by right (point fingers to left)
37-38 Point right to right side. Step right by left making ½ turn right (point fingers to right)
39-40 Point left to left. Step left by right (point fingers to left)

HEEL TWISTS

- 41-42 Twist heels right. Twist toes right (arms and hands wave naturally in opposite direction)
43-44 Twist heels right. Twist toes right (hands wave in opposite direction)
45-46 Twist heels left. Twist toes left (hands wave in opposite direction)
47-48 Twist heels left. Twist toes left (hands wave in opposite direction)

REPEAT

For the last eight counts anything goes, basically. You can either twist your feet as above, or, for a more funky attitude, twist on the spot, moving your whole body and see how low you can go as long as you end up with weight on your left ready to start again! Please feel free to add as much styling as you can. It's up to you! For the total Soulful dancer what about a little Contra Line...?!

