East Bound

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Maureen Reynolds (AUS)
Music: East Bound and Down - The Road Hammers

&1-2&	Flick right foot behind left step right to side, step left behind right, step right to side
3&4	Kick left foot to left diagonal, step left next to right, cross right over left
5&6	Side shuffle to left stepping left-right-left
7-8	Touch right behind left, unwind ½ right (weight on left)
1&2	Right coaster step: step back on right, step left beside right, step forward on right
3-4	Step forward on left, pivot ½ right
5-6	Rock forward on left, rock back on right
7&8	Turning ½ left shuffle forward left-right-left (optional 1 ½ triple)
1-2	Step forward on right, step forward on left,
3&4	Forward right mambo: rock/step forward on right, replace weight to left, step back on right
5-6	Step back on left, step back on right
7&8	Turning ½ left shuffle forward left-right-left
1	Step right to right side
2&3	Left sailor: step left behind right, step right to side, step left to left side
4&5	Right sailor: step right behind left, step left to side, step right to side
6-7	Step left behind right, turn ¼ right stepping forward on right
8	Step left to left

All restarts are from here

1-2	Rock step right behind left, replace weight on left
3&4	Side shuffle right-left-right
5-6	Turning ½ left stepping left to left side (hinge turn), cross rock right over left
7-8	Replace weight onto left, turning ¼ right stepping right forward
1&2	Cross samba left moving forward: step left across right, step right to right, replace weight on left
3&4	Cross samba right moving forward: step right across left, step left to left, replace weight on right
5-6	Step forward on left, turn ½ right and flick/kick right forward
7-8	Turning ½ left step down on right, touch left heel forward
&1	Step left beside right, touch right heel forward
&2	Step right beside left, touch left heel forward
&	Step left beside right
3&4&	Touch right toe back, step right beside left, touch left heel forward, step left next to right
5-6	Step forward on right, turning ¼ left taking weight onto left
7&8	Cross shuffle over left stepping right-left-right
1-2-3&4	Turning ¼ right step back on left, turning ½ right stepping forward on right, shuffle forward left-right-left
5-6-7-8	Cross right over left, step back on left, step right to right, cross left over right,

REPEAT

RESTART

On walls 3 and 6, after count 32, step left to left side turning a ¼ right and restart from beginning

On wall 5, after count 32

1-4 Step forward on right, pivot ½ left, step forward on right, pivot ¼ left

Restart from beginning
