East Coast Switch (P)

Count: 48 **Wall:** 0 **Level:** Partner
Choreographer: Debbie Small (USA) & Fred Rapoport (USA)
Music: No One Needs to Know - Shania Twain

Position: Starts in double open hand hold position, man facing outside of dance floor / Lady facing inside

SIDE STEPS AND SLIDES

1-2	**MAN:** Step to left with left, slide right next to left
	LADY: Step to right with right, slide left next to right
3-4	**MAN:** Step to left with left, touch right next to left
	LADY: Step to right with right, touch left next to right
5-6	**MAN:** Step to right with right, slide left next to right
	LADY: Step to left with left, slide right next to left
7-8	**MAN:** Step to right with right, touch left next to right
	LADY: Step to left with left, touch right next to left

SWING AND PIVOT TURNS

9&10	**MAN:** Shuffle to left (left-right-left)
	LADY: Shuffle to right (right-left-right)
11	**MAN:** Pivot ¼ to the right as you rock back right (releasing lady's left hand)
	LADY: Pivot ¼ to the left as you rock back left (releasing man's right hand)
12	**MAN:** Rock forward left as you pivot ¼ to the left to face partner
	LADY: Rock forward right as you pivot ¼ to the right to face partner
13&14	**MAN:** Rejoin hands and shuffle right (right-left-right)
	LADY: Rejoin hands and shuffle left (left-right-left)
15	**MAN:** Pivot ¼ to the left as you rock back left (releasing lady's right hand)
	LADY: Pivot ¼ to the right as you rock back right (releasing man's left hand)
16	**MAN:** Rock forward right as you pivot ¼ to the right to face partner
	LADY: Rock forward left as you pivot ¼ to the left to face partner
17&18	**MAN:** Rejoin hands and shuffle left (left-right-left)
	LADY: Rejoin hands and shuffle right (right-left-right)
19	**MAN:** Pivot ¼ to the right as you rock back right (releasing lady's left hand)
	LADY: Pivot ¼ to the left as you rock back left (releasing man's right hand)
20-24	**MAN:** Rock forward left, place lady into outside underarm turn, and step in place (right-left-right), touch left
	LADY: Rock forward right, pivot 1 ½ to the right underarm turn under man's left arm (left-right-left) to finally face partner, touch right

Partners rejoin in closed dance position (having rotated ¼ to the right turn from original starting dance position)

SWING, TUCK AND TURN

25&26	**MAN:** Shuffle to your left (left-right-left)
	LADY: Shuffle to right (right-left-right)
27&28	**MAN:** Shuffle to right (right-left-right)
	LADY: Shuffle to your left (left-right-left)
29	**MAN:** Release lady's right hand, as you rock back left, opening and slightly pivoting away from your partner
	LADY: Release man's left hand, as you rock back right, opening and slightly pivoting away from your partner
30	**MAN:** Rock forward right, as you pivot back toward your partner, picking up her right hand in your left

	LADY: Rock forward left, as you pivot back toward your partner, picking up his left hand in your right
31&32	**MAN:** Place lady into outside underarm turn, as you pivot a ¼ turn to the left, shuffling in place (left-right-left)
	LADY: Touch right next to left, step forward right, as you pivot a ¼ underarm turn to the right, under gentleman's left arm
33&34	**MAN:** Shuffle in place right, left, right
	LADY: Shuffle (left-right-left) as you complete ½ turn to the right to face your partner
35-36	**MAN:** Rock back left, forward right
	LADY: Rock back right, forward left

Man and lady are now facing each other at original starting dance position in single hand hold position (man holding lady's right hand in his left hand only)

SHUFFLES & TURNS

37&38	**MAN:** Release hands and shuffle forward (left-right-left), passing your partner on your right
	LADY: Release hands and shuffle forward (right-left-right), passing your partner on your right
39&40	**MAN:** Shuffle forward (right-left-right) as you complete a ½ turn to the left
	LADY: Shuffle forward (left-right-left) as you complete a ½ turn to the right
41-42	**MAN:** Rock back left, forward right
	LADY: Rock back right, forward left
43&44	**MAN:** Shuffle forward (left-right-left)
	LADY: Shuffle forward (right-left-right)
45&46	**MAN:** Shuffle forward (right-left-right) as you complete a ½ turn to the left
	LADY: Shuffle forward (left-right-left) as you complete a ½ turn to the right
47-48	**MAN:** Rock back left, forward right
	LADY: Rock back right, forward left

Man and lady are back in starting dance positions (offset one partner to the left of their original partner)

REPEAT
