Count: 32
Wall: 4
Level: Improver
Choreographer: Bryan McWherter (USA)
Music: Days In Avalon - Richard Marx


## CROSS ROCK, RECOVER, STEP, CROSS ROCK, RECOVER, STEP, CROSS STEP, ¾ TURN, CROSS ROCK, RECOVER, STEP <br> 1\&2 Cross rock right foot in front of left, recover weight back to left, step right slightly out to right side <br> 3\&4 Cross rock left foot in front of right, recover weight back to right, step left slightly out to left side <br> 56\& Cross step right in front of left making a $1 / 4$ turn to your left, step back onto your left making a $1 / 2$ turn to your right, step right out to the right side making a $1 / 4$ turn to your right <br> 7\&8 Cross rock left foot in front of right, recover weight back to right, step left slightly out to left side

Count 5 is a prep for your turn.
BUMP, BUMP, $1 ⁄ 4$ TURN, $1 ⁄ 2$ TURN, COASTER STEP, SHUFFLE FORWARD
1-2 Bump right hip out to right side, bump left hip out to left side
3-4 Step right forward while making a $1 / 4$ turn to your right, step left forward while making a $1 / 2$ turn to your right
5\&6 Step back onto right, slide step left back next to right, step forward onto right
7\&8 Step forward onto left, slide step right next to left, step forward onto left
Arm styling option: on counts 1-2 swing both arms to the right on count 1 , then to the left on count 2
ROCK, RECOVER, ROCK, RECOVER, LONG STEP, DRAG, TOUCH, ROCK, RECOVER, ROCK, RECOVER, LONG STEP, DRAG, TOUCH
1\&2\& Rock right forward, recover back to left, rock right back, recover forward left
3-4 Long step right out to right side, drag left next to right and touch
5\&6\& Rock left forward, recover back to right, rock left back, recover forward to right
7-8 Long step left out to left side, drag right next to left and touch
ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, TRIPLE TURN
1-2
Rock right forward, recover back to left
3\&4 Step back onto right, step left next to right, step forward onto right
5-6 Rock left forward, recover back to right
7\&8 Step forward onto left foot making a $1 / 2$ turn to your left, step forward onto your right foot making a $1 / 2$ turn to your left, step forward onto your left foot making a $1 / 2$ turn to your left
Option: on counts $7 \& 8$ you can do a simple $1 / 2$ turn shuffle
REPEAT

