Dem Bones

Count: 32   **Wall:** 4   **Level:** Improver

Choreographer: Anne Harris (UK) & Steve Yoxall (UK)

Music: Drinkin' Bone - Tracy Byrd

TOE AND HEEL SWITCHES, KICK BALL CHANGE, KNEE ROLLS MAKING ¼ TURN LEFT

1	Point right toes out to right side
&2	Switch and point left toes out to left side
&3	Switch and touch right heel forward
&4	Switch and touch left toe behind
5&6	Kick left forward, small step back on left, recover weight on to right
7	Roll left knee to the left at same time as making ¼ turn left
8	Roll right knee to the left (weight on right)

ROCK, RECOVER, ROCK AND SIDE, TOE AND HEEL SWIVELS

1-2	Left rock forward, recover weight back on to right
3&4	Left rock back, recover weight on to right, left step slightly to left side
5	Traveling to left side bring heels towards each other
&	Bring toes towards each other
6	Bring heels towards each other
&	Bring toes towards each other
7	Bring heels towards each other
&	Bring toes towards each other
8	Bring heels towards each other

All these moves are traveling steps like a side winder movement
Easy option: just swivel heels, toes, heels, toes, heels, toes, heels to left side

STEP, TOGETHER, STEP, TOGETHER, STEP, ROCK, RECOVER, LEFT ½ TURN SHUFFLE

1-2	Right step forward, left instep close to right heel (3rd position)
3&4	Right step forward, left instep to right heel, right forward
5-6	Rock forward on to left, recover weight back on to right
7&8	Turning to left make ½ turn and shuffle forward left, right, left

STEP, ½ PIVOT, OUT, OUT, SWAY RIGHT, LEFT, RIGHT, LEFT

1-2	Right step forward, pivot ½ turn left (weight on left)
3-4	Step right to right side, step left to left side
5-8	Sway hips to right, left, right, left (weight ends up on left)

REPEAT

RESTART
On the 6th wall (you will start facing 9:00) do the first 28 counts of the dance (drop the hip sways) and then restart from the beginning.

ENDING
After you restart the dance go up to the ½ turn pivot, add a step ¼ turn pivot. You will now be facing the front and then sway.