# Cowboy Twist

**Count:** 28 **Wall:** 2 **Level:** Beginner
**Choreographer:** Darlene Collins
**Music:** All Shook Up - Billy Joel

**HEEL SWIVELS**

| | |
|---|---|
| 1 | Swivel heels to the right |
| 2 | Swivel heels to the left |
| 3 | Swivel heels to the right |
| 4 | Swivel heels to the left |
| 5 | Swivel heels to the right |
| 6 | Swivel heels to the left |
| 7 | Swivel heels to the right |
| 8 | Swivel heels to the center |

**HEEL/TOE TOUCHES**

| | |
|---|---|
| 9 | Touch right heel forward |
| 10 | Touch right heel forward again |
| 11 | Touch right toe behind |
| 12 | Touch right toe behind again |

**GRAPEVINE RIGHT**

| | |
|---|---|
| 13-15 | Vine right (step right to right; step left behind right; step right to right) |
| 16 | Hitch left knee |

**ROCK & PIVOT**

| | |
|---|---|
| 17 | Rock forward on left foot |
| 18 | Rock back on right foot |
| 19 | Rock forward on left foot |
| 20 | Hitch right knee and pivot ½ turn to the left on ball of left foot at the same time |

**ROCK & SCOOT**

| | |
|---|---|
| 21 | Rock forward on right foot |
| 22 | Rock back onto left foot |
| 23 | Rock forward onto right foot |
| 24 | Hitch left knee and scoot forward on right foot |

**WALK & STOMP**

| | |
|---|---|
| 25-27 | Walk forward on left, right, left |
| 28 | Stomp right foot next to left |

**REPEAT**