Competition Take A Leave



Count: 64 Wall: 2 Level: Intermediate/Advanced

Choreographer: Guyton Mundy (USA)

Music: All Or Nothing - Athena Cage



STEP, SAILOR, FULL TURN, COASTER, FOOT SWING

1-2&3 Step left, step behind right, step together left, step forward right

4-5 Full turn left with ronde

6&7 Step back left, step together right, step forward left

8 Swing right foot forward with toe pointed

TOE TOUCH 1/2 TURN (TWICE), COASTER, STEP, STEP

Touch right toe back, ½ turn to the right
Touch left toe forward, ½ turn to the right

5&6 Step back right, step together left, step forward right

7-8 Step left-right

SYNCOPATED VINE, SIDE ROCK/RECOVER, 1/4 TURN SYNCOPATED VINE, FORWARD ROCK/RECOVER

1&2 Step behind left, step out right, cross left in front

3-4 Rock out to right side, recover to left

5&6 Step behind right, step out left, cross right in front while making ¼ turn to the left

7-8 Rock forward on left, recover back on right

COASTER, STEP BACK, 1/4 TURN STEP BACK, SHOULDER ROCKS, STEP TOGETHER

1&2 Step back left, step together right, step forward left

3-4 Step back right, step back on left making ¼ turn to the left

5-6-7&8 Rock shoulder left-right-left, lift right shoulder and right foot, lower right shoulder stepping

right foot together

STEP, HEEL RAISES, HEEL SWIVELS, HEEL SWIVELS, ROCK/RECOVER, FULL TURN

1&2 Step forward right, raise heels

Swivel right heel to right and left heel to left, bring back to neutral Swivel right toe to right and left heel to left, bring back to neutral

5-6 Rock forward left, recover back right7-8 Make full turn stepping left-right

COASTER, SIDE KICK, HOOK, ¾ TURN, SIDE STEP, HOLD, FOOT WALKS

1&2 Step back left, step together right, step forward left

&3 Kick right foot out to right side, hook right foot behind left

4 3/4 unwind to the right

5-6 Step right foot out to right side, hold

7&8 Walk right toe in, walk right heel in, walk right toe in

SIDE KICK BALL CROSS, TOE TOUCH FORWARD, TOE TOUCH BACK, STEP, DRAG, STEP, HEEL TURNS

1&2	Kick left foot to I	eft side,	step together	left, c	ross right in fron	t
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3-4 Touch left toe forward, touch left toe back

5-6 Big step forward on left, drag right foot together

7&8 Step forward right, bring left heel to right heel take right heel to right, while making a ½ turn to

the left

FORWARD KICKS (TWICE), STEP, DRAG, 1/4 TURN BODY POPS

1&2 Kick left foot forward, switch to kick right foot forward &3-4 Switch to step left foot forward, drag right foot together

5-6-7&8 Bring bent arms up to shoulder level, turn head ¼ turn to the left, turn upper body ¼ turn to

the left, follow with lower body 1/4 turn to the left, drop arms to sides

REPEAT