COASTIN'

Count: 40    Wall: 4    Level: Beginner / Intermediate

Choreographer: Ray Yeoman & Tina Yeoman
Music: Lord Of The Dance by Ronan Hardiman

WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE
1-2    Step right forward, step left forward
3-4    Kick right forward, step right back
5&6    Step left back, step right together, step left forward
7&8    Kick right forward, step right together, step left in place
9-16   Repeat 1-8

IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)
Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")
17&18  Touch right heel forward, step right together, touch left toe together
19&20  Touch left heel forward, step left together, touch right toe together
21-24  Repeat 17-20

RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)
25-26  Touch right heel forward, touch right heel to side
27&28  Triple in place right, left, right
29-30  Touch left heel forward, touch left heel to side
31&32  Triple in place left, right, left

RIGHT STEP TO RIGHT, SLIDE, TURN ¼ SHUFFLE, STEP, PIVOT, SHUFFLE
(Remove hands from hips now)
33-34  Step right to side, slide/step left together (clap)
35&36  Shuffle side turning ¼ right and step right, left, right
37-38  Step left forward, turn ½ right (weight to right)
39&40  Shuffle forward left, right, left

REPEAT
The biggest problem with this dance is fitting the music! The recommended track increases tempo, somewhat erratically. Start the dance at time: 1:06:50