CAUGHT IN THE ACT

Count: 64   Wall: 4   Level: Intermediate
Choreographer: Ann Wood
Music: Who's Been Sleeping In My Bed by Glenn Frey

RIGHT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR STEP
1&2  Kick right diagonally forward, step right together, cross left over right
3&4  Repeat counts 1&2
5-6  Rock right to side, recover onto left
7&8  Cross right behind left, step left together, step right together

LEFT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR TURN ¼
9&10  Kick left diagonally forward, step left together, cross right over left
11&12 Repeat counts 9&10
13-14 Rock left to side, recover onto right
15&16 Cross left behind right, turn ¼ left (weight to right), step left forward

ROCK, ROCK, RIGHT COASTER STEP, ROCK, ROCK TRIPLE TURN ½ TO LEFT
17-18  Rock right forward, recover to left
19&20  Step right back, step left together, step right forward
21-22  Rock left forward, recover to right
23&24  Shuffle back turning ½ left and step left, right, left (3:00)

SYNCOPATED FORWARD ROCK STEPS, BACK LEFT SHUFFLE, ROCK STEP
25-26  Rock right forward, recover to left
&27-28  Step right together, rock left forward, recover to right
29&30  Shuffle back stepping left, right, left
31-32  Rock right back, recover to left

RIGHT AND LEFT TOUCH HOLDS, RIGHT & LEFT HEEL SWITCHES, STEP FORWARD, ¼ PIVOT TURN LEFT
33-34  Touch right to side, hold
&35-36  Step right together, touch left to side, hold
&37&38  Step left together, touch right heel forward, step right together, touch left heel forward
&39-40  Step left together, step right forward, turn ¼ left (weight to left, 12:00)

CROSS SHUFFLE, HINGE TURN TO RIGHT, CROSS ROCK, SIDE SHUFFLE
41&42  Cross right over left, step left to side, cross right over left
43-44  Turn ¼ right and step left back, turn ¼ right and step right together
45-46  Cross/rock left over right, recover onto right
47&48  Shuffle to side stepping left, right, left

CROSS TOUCH, SLOW HEEL JACKS
49-50&  Cross right over left, touch left toe behind right, drop left heel
51-52  Touch right heel diagonally forward, hold
&53-54  Step right together, cross left over right, hold
&55-56  Step right together, touch left heel diagonally forward, hold

CROSS, TURN ¼ RIGHT, COASTER STEP, WALK, WALK, SHUFFLE
&57-58 Step left together, cross right over left, turn ¼ right and step left back
59&60 Step right back, step left together, step right forward
61-62 Step left forward, step right forward
63&64 Shuffle forward left, right, left
Alternative steps for 61-62: full turn left

REPEAT