

# CAN'T STOP

Count: 16      Wall: 4      Level: beginner

Choreographer: Rob Fowler

Music: **Can't Stop My Heart** by The Cheap Seats



- 1                    Kick right foot forward
- &                    Cross right foot in front of left foot
- 2                    Step left foot back
- &                    Step right foot to right side
- 3                    Scuff left foot forward
- 4                    Cross left foot in front of right
  
- 5                    Step right foot to right side
- &                    Cross left foot behind right
- 6                    Step right foot to right side making ¼ turn right
- &                    Pivot ¼ turn right
- 7                    Step left foot to left side pushing hip left
- 8                    Push hip right
  
- 9                    Kick left foot forward
- &                    Cross left foot in front of right foot
- 10                   Step right foot back
- &                    Step left foot to left side
- 11                   Scuff right foot forward
- 12                   Cross right foot in front of left
  
- 13                   Twist heels right turning ¼ left
- &                    Twist heels left
- 14                   Twist heels right turning ¼ left
- &                    Twist heels left
- 15                   Twist heels right turning ¼ left
- &                    Twist heels left
- 16                   Stomp right foot turning left
- &                    Stomp left foot

## REPEAT

When dancing to the recommended song you will have to add 2 counts to the dance at 3 specific times. This is when the singer sings the word "heart" for an extended time. The first is when you have completed steps 7 and 8. You have to extend the count to 9 10 by adding 2 hip bumps the second and final time you have to add the extra steps is when you have executed the steps 16 &.