

The Carnforth Swing

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Derek Robinson (UK)

Music: I Slipped and Fell In Love - Alan Jackson



RIGHT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE LEFT, ½ TURN RIGHT

- 1&2 Touch right heel forward, step right slightly back, cross left over right
- 3-4 Rock to right side on right, rock onto left in place
- 5&6 Cross right over left, step left to left side, cross right over left
- 7-8 Turn ½ right, stepping left, right

LEFT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE RIGHT, ¼ TURN LEFT

- 9&10 Touch left heel forward, step left slightly back, cross right over left
- 11-12 Rock to left side on left, rock onto right in place
- 13&14 Cross left over right, step right to right side, cross left over right
- 15-16 Turn ¼ turn left, stepping right, left

ROCK FORWARD RIGHT, ROCK FORWARD LEFT, STEP FORWARD RIGHT LEFT, PIVOT TURN

- 17-18 Rock forward on right, rock back on left
- & Step right beside left
- 19-20 Rock forward on left, rock back on right
- & Step left beside right
- 21-22 Step forward right, step forward left
- 23-24 Step forward right, pivot ½ turn left

STOMP FORWARD RIGHT & LEFT WITH HOLDS, MODIFIED VAUDEVILLE STEPS LEFT & RIGHT

- 25-26 Stomp forward right, hold
- 27-28 Stomp forward left, hold
- &29 Step diagonally back right on right, touch left heel diagonally forward left
- &30 Step left beside right, step right in place
- &31 Step diagonally back left on left, touch right heel diagonally forward right
- &32 Step right beside left, step left in place

Alternative steps for counts &29-32 (after stomp forward left, hold)

- 29-30 Touch right heel forward, step right beside left
- 31-32 Touch left heel forward, step left beside right

REPEAT
