

CAFFEINE AND NICOTINE

Count: 64 **Wall:** 2 **Level:** intermediate

Choreographer: Jan Wyllie

Music: **Smoking Cigarettes And Drinking Coffee Blues** by David Ball



- 1-4 Walk forward right, left, right, hold
- 5-6-7&8 Step forward on left, pivot ½ turn right transferring weight to right, shuffle forward left, right, left
- 9-12 Walk forward right, left, right, hold
- 13-14 Rock/step forward on left, rock back on right
- 15&16 Making ¾ turn left triple step left, right, left
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- 17-20 Step forward on right toe, drop right heel (toe strut), rock back on left, rock forward on right
- 21-24 Step forward on left toe, drop left heel (toe strut), rock back on right, rock forward on left
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- 25-26 Touch right toe to right, hold
- &27-28 Step right beside left, touch left toe to left side, hold
- &29-30 Step left beside right, rock/step forward on right, rock back on left
- 31-32 Walk back right, left
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- 33-34 Rock/step back on right, rock forward on left
- 35&36 Shuffle forward right, left, right
- 37&38 Making ½ turn right shuffle forward left, right, left
- 39-40 Rock/step back on right, rock forward on left

DWIGHT HEELS

- 41-42 Touch right toe to left heel, hold
- 43-44 Touch right heel to left toe, hold
- 45-48 Moving to the right touch right toe to left heel, right heel to left toe, right toe to left heel, right heel to left toe
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- 49-52 Rock/step right to right, making ¼ turn left rock forward onto left, step forward on right, hold
- 53-56 Rock/step forward on left, rock back on right, making ¼ turn left step left to left side, hold
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- 57-60 Cross/rock right over left, tap left behind right, step back on left, step right to right
- 61-64 Cross/rock left over right, tap right behind left, step back on right, making ¼ turn left step forward on left
- 65-68 Rock/step forward on right, rock back on left, step back on right, step left beside right

REPEAT