

# CAJUN STRUT



**Count:** 44      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Adrian Churm

**Music:** **Cajun Strut** by Dave Sheriff



## HEEL STRUTS, COASTER STEP, CAJUN WALKS WITH COASTER STEP

- 1-4                      Step right heel forward, lower right foot, step left heel forward, lower left foot  
5-8                      Right foot steps back close left to right, right foot forward, hitch left knee up

## 2 CAJUN WALKS WITH HITCH TURN, GRAPE VINES TO THE SIDE

- 9-12                    Step left foot forward, close right towards left, left foot forward, hitch right knee up  
                            and make  $\frac{1}{2}$  a turn to the left at the same time  
13-16                   Step right foot forward, close left towards right, right foot forward, hitch left knee up  
                            and make  $\frac{1}{4}$  turn to the right at the same time  
17-20                   Step left foot to the left side, right steps behind left, left steps to the side, stomp right  
                            foot up  
21-24                   Step right foot to the right, left steps behind right, right steps to the side, close left  
                            foot to right

## SWIVETS, STOMPS, HEEL SPLITS, CAJUN WALKS WITH TURNS

- 25-28                   Lift toes up of left foot and heel of right foot and swing both feet to the left then back  
                            to center and repeat one time  
29-32                   Stomp right and left foot in place, and swing both heels out then back in  
33-36                   Step left foot forward, close right foot towards left, left foot steps forward, hitch right  
                            knee up as you make  $\frac{1}{2}$  a turn to the left  
37-40                   Repeat 33-36 on opposite foot  
41-44                   Left foot steps forward, close right to left, left foot forward, hitch right knee up

## REPEAT