Breaking The Rules



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Heather Frye (CAN)

Music: Right Now - Atomic Kitten



ANGLED 1/8 LEFT, STEP FORWARD & BUMP (TWICE), RIGHT KICK-BALL-STEP BACK (TWICE)

1&2& Turning 1/8 turn to the left but moving towards 12:00 take a small step forward right, step left

beside right, bump forward, and back

3&4& Small step forward right, step left beside right, bump forward, and back

5&6 Kick right foot forward (body is still angled), rock back with ball of right foot, step slightly back

with left

7&8 Kick right foot forward (body is still angled), rock back with ball of right foot, step slightly back

with left (squaring off to original wall)

TOUCH TOES RIGHT & LEFT, ROCK-STEP, RIGHT COASTER STEP, STEP LEFT, TOUCH BACK RIGHT, 1/4 TURN RIGHT

1&2& Touch toes to right side, bring right foot beside left, touch toes to left side, bring left foot

beside right

3-4 Cross step right foot slightly in front of left, rock back onto left Step right back, close left to right, step forward onto right

&7-8 Step forward onto left, touch right toes back, pivot ¼ turn right on left foot

HIP BUMPS, LEFT SAILOR, PADDLE 1/4 TURN TO LEFT (TWICE)

1-2 Bump hips right, bump hips left

3&4 Bump hips right, bump hips left, bump hips right taking weight on right

5&6 Cross step left behind right (angle body slightly), step right to side, step left slightly forward

and to left side

7-8 Paddle turn ¼ left on left, paddle turn ¼ left on left

You will have completed a ½ turn left

RIGHT KICK-BALL-STEP (TWICE), KICK-BALL-STEP-BALL-STEP-BALL-STEP (AKA SHORTY GEORGE)

1&2 Kick side right, rock back onto ball of right foot, step slightly forward onto left 3&4 Kick side right, rock back onto ball of right foot, step slightly forward onto left Kick side right, rock back onto ball of right foot, step slightly forward onto left

&7&8 Rock back onto ball of right foot, step slightly forward onto left, rock back onto ball of right

foot, step slightly forward onto left

Styling note: while doing the this section - when kicking your right foot, rise up onto your toes - kind of like you are stretching yourself out. - and when doing the "ball - step" shrink down by bending your knees

OUT - OUT (RIGHT, LEFT) HOLD, ROLL HIPS AND TURN 1/4 LEFT, LEFT COASTER, CHUG STEPS

Quick step out and back onto right, step left out beside right (feet are shoulder width), hold Roll hips to the left, while rolling hips make a ¼ left keeping weight back on right foot

5&6 Step left back, close right to left, step forward onto left

&7&8 Step forward right, touch left beside right, step forward left, touch right beside left

TOUCH CROSS (RIGHT, LEFT), RIGHT SIDE ROCK RIGHT, BEHIND BALL CROSS

Touch side right with toes, cross step right across left
Touch side left with toes, cross step left across right
Rock side right swinging hips to the right, recover onto left

7&8 Cross step right behind left, step side left, cross step right across left

FULL TURN LEFT (360), LEFT SIDE SHUFFLE, RIGHT KICK-BALL-CROSS (TWICE)

3&4	Side shuffle left, right, left
5&6	Kick right foot to right corner, rock back onto ball of right foot, cross left foot over right
7&8	Kick right foot to right corner, rock back onto ball of right foot, cross left foot over right
TURN ¼ LEFT,	TOUCH LEFT, RIGHT, CHUG STEPS FORWARD RIGHT, LEFT, RIGHT, LEFT
1-2	Step side right, pivot ¼ turn left keeping weight on right
3&4	Touch toes side left, step left beside right, touch toes side right
&5&6	Step forward right, touch left beside right, step forward left, touch right beside left
&7&8	Step forward right, touch left beside right, step forward left, touch right beside left

Unwind one full turn left taking weight on right

REPEAT

1-2