

Blue Lagoon

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Liz Larsson (SWE)

Music: Break My Stride - Bluelagoon



KICK BALL CHANGE, SHUFFLE ¼, STEP TURN ½, SHUFFLE FORWARD

- 1&2 Kick right forward, step right beside left, step left in place
- 3&4 Make a ¼ turn right stepping right forward, close left onto right, step right forward
- 5-6 Step forward left, make a ½ turn right, taking weight onto right
- 7&8 Step left forward, step right next to left, step left forward

HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD, STEP TURN ¼ TWICE

- 1&2& Tap right heel forward, hook right across left, tap right heel forward, flick right foot up behind
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Step forward left, make a ¼ turn right, taking weight onto right
- 7-8 Step forward left, make a ¼ turn right, taking weight onto right

REVERSE SAILOR STEP TWICE, CROSS POINT TWICE

- 1&2 Cross left over right, step back right, step forward left
- 3&4 Cross right over left, step back left, step forward right
- 5-6 Cross left over right, point right to right
- 7-8 Cross right behind left, point left to left

KICK BALL CHANGE, STEP TURN STEP ½, SLIDE TOUCH TWICE

- 1&2 Kick left forward, step left beside right, step right in place
- 3&4 Step forward left, make ½ turn right, step forward left
- 5-6 Large step right to side sliding left to meet right and clap
- 7-8 Large step left to side sliding right to meet left and clap

REPEAT
