

Be Gentle With Me

Count: 32

Wall: 4

Level: Beginner

Choreographer: Tina Lincoln (UK)

Music: Gentle Warm And Kind - Merv & Maria



1-2	Right step to right side, step left foot beside right foot
3&4	Right step to right, step left foot beside right foot, right step to right
5-6	Left foot cross rock over right foot, rock back onto right foot
7&8	Step left foot to left, step right foot beside left, step left foot ¼ turn to left
9-10	Right foot step forward, turn ½ turn to left
11&12	Right foot step forward turning ¼ turn left, bring left foot beside right, step right foot forward turning ¼ turn left (right shuffle ½ turn left)
13-14	Left foot rock back, rock forward onto right
15&16	Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)
17-18	Right foot rock back, rock forward onto left foot
19&20	Step right foot forward, step left foot beside right, step right foot back (right forward coaster step)
21-22	Step left foot back, turn ½ left over left shoulder
23&24	Right foot step forward. Left foot step beside right, right foot step forward
25-26	Left foot step forward, pivot ½ turn to the right
27&28	Step left foot forward, step right beside left, step left foot forward
29&30	Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)
31&32	Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)

REPEAT