

# ALWAYS THERE

**Count:** 32    **Wall:** 4    **Level:** intermediate

**Choreographer:** Irene Groundwater

**Music:** Always There by Ross Mitchell



## **SIDE, ROCK BACK, REPLACE, SIDE STEP**

- 1-2                      Side step left, rock back on right ball  
3-4                      Replace weight on left, side step right

## **DRAG, CROSS WITH ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, FORWARD**

- 5-6                      Drag left towards right, left crosses over right turning body ¼ turn right  
7-8                      Pivot ½ turn right onto right, left forward

## **DRAG, FORWARD, PIVOT ½ TURN LEFT, FORWARD**

- 9-10                     Drag right towards left, right forward  
11-12                    Pivot ½ turn left onto left, right forward

## **PIVOT ¼ TURN LEFT, DRAG, TWO TOE TOUCHES**

- 13-14                    Pivot ¼ turn left on right ball, drag left beside right  
15-16                    Touch left toe twice in front of right foot facing left  
Option  
14-16                    Execute a body ripple or forward body roll

## **HOLD, FORWARD, ROCK BACK, ROCK FORWARD**

- 17-18                    Hold, left forward  
19-20                    Rock back on right, rock forward on left  
Option  
18                        Raise left hip up  
19                        Lower left hip  
20                        Raise left hip

## **DRAG, FORWARD, ROCK BACK, ROCK FORWARD**

- 21-22                    Drag right towards left, right forward  
23-24                    Rock back on left, rock forward on right  
Option  
22                        Raise right hip up  
23                        Lower right hip  
24                        Raise right hip

## **DRAG, FORWARD, FORWARD, PIVOT ½ TURN LEFT**

- 25-26                    Drag left towards right, left forward  
27-28                    Right forward, pivot ½ turn left onto left foot

## **DRAG, FORWARD, SIDE, TOGETHER**

- 29-30                    Drag right towards left, right forward  
31-32                    Side step left, step right beside left

## **REPEAT**

Dedicated to Vicky McCulloch and her special girls from Victoria, B.C. whose moves inspired the options in this dance