

# Amen

Count: 32

Wall: 4

Level: Improver

Choreographer: Willie Brown (SCO)

Music: Can I Get an Amen - Shannon Brown



## CROSS ROCK, SIDE SHUFFLE, CROSS, BACK, ¼ SHUFFLE

- 1-2 Cross rock right across left, recover weight back on left
- 3&4 Step right to right, step left beside right, step right to right side
- 5-6 Cross left over right, step back on right
- 7&8 Make ¼ turn left stepping forward left, step right beside left, step forward left

## HEEL SWITCHES X3, HOOK, HEEL, COASTER STEP, ½ PIVOT

- 9&10&11 Touch right heel forward, quickly step right in place, touch left heel forward, quickly step left in place, touch right heel forward
- &12 Hook right heel across left shin, touch right heel forward
- 13&14 Step right foot back, step left beside right, step forward right
- 15-16 Step forward left, pivot ½ turn right ending with weight on right

## CROSS, SIDE, BEHIND SIDE CROSS, POINTX2, HEEL SPLITS, HITCH

- 17-18 Cross left in front of right, step right to right side
- 19&20 Cross left behind right, step right to right side, cross left in front of right
- 21&22& Point right to right side, quickly step in place, point left to left side, quickly step in place
- 23&24 Split heels apart, bring heels together, hitch right knee up

## COASTER STEP, ROCK AND SIDE, SAILOR STEPX2

- 25&26 Step back right, step left beside right, step forward right
- 27&28 Rock forward left, recover back on right, step left to left side
- 29&30 Cross right behind left, step left to left side, step right to right side
- 31&32 Cross left behind right, step right to right side, step left to left side

### Alternative steps:

- 31&32 Cross left behind right, unwind full turn left sweeping right to front with weight still on left

## REPEAT

## RESTART

On 4th wall dance up to count 15 (step forward left) then on count 16 (½ pivot right) keep weight on left foot to restart the dance facing home wall