Ain't No Way

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Jan Brookfield (UK)
Music: Forever and for Always - Shania Twain

RIGHT, CLOSE, RIGHT CLOSE FORWARD, LEFT, CLOSE, LEFT CLOSE FORWARD

1-2-3&4	Step right to side, close left to right, step right to side, close left to right, step right forward
5-6-7&8	Step left to side, close right to left, step left to side, close right to left, step left forward

STEP, ROCK, THREE QUARTER TURN SHUFFLE, STEP, ROCK BACK, COASTER STEP

9-10	Step forward on right, rock back onto left
11&12	Make a three quarter turn over right shoulder stepping right, left, right
13-14	Step forward on left, rock back onto right
15&16	Step back on left, step on right next to left, step forward on left (now facing 9:00)

SIDE, ROCK, CROSS, STEP, BEHIND & HEEL BALL CROSS, SIDE ROCK, QUARTER TURN LEFT

17&18	Rock right to side, rock weight onto left in place, step right across in front of left
19-20&	Step left to side, step right behind left, take small step back on left
21&22	Tap right heel diagonally forward, step on ball of right in place, step left in front of right
23-24	Step right to side, rock forward onto left making a quarter turn to left (now facing 6:00)

RIGHT, LOCK, RIGHT, STEP HALF PIVOT, SIDE ROCK CROSS, QUARTER TURN, HALF TURN

25&26	Step right forward, lock left behind right, step right forward
27-28	Step left forward, pivot half turn over right shoulder (facing 12:00)
29&30	Step left to left side, rock onto right in place, step left across in front of right
31-32	Step back on right making a quarter turn left step forward on left making a half turn over left shoulder (now facing 3:00)

REPEAT