

# ALL DAY LONG

**COPPER KNOB**  
BY CONCEPTS

**Count:** 64    **Wall:** 2    **Level:** intermediate

**Choreographer:** Gary Lafferty

**Music:** Mr. Mom by Lonestar



## **RIGHT TOE-STRUT, LEFT TOE-STRUT, KICK-OUT-OUT**

- 1-4                    Touch right foot forward, lower right heel to floor ; touch left foot forward, lower left heel
- 5-8                    Kick right foot forward, step to right on right foot, step to left on left foot, hold

## **SAILOR SCUFF & SAILOR STEP**

- 1-4                    Cross-step right foot behind left, step to left on left foot, scuff right forward, step to right on right foot
- 5-8                    Cross-step left foot behind right, step to right on right foot, step to left on left foot, hold

## **BEHIND-SIDE-FRONT ; LEFT SCISSOR STEP**

- 1-4                    Cross-step right foot behind left, step to left on left foot, cross-step right foot over left, hold
- 5-8                    Step to left on left foot, step on right foot beside left, cross-step left foot over right, hold

## **SIDE, BEHIND, SIDE, IN FRONT, SIDE, HOLD, ROCK STEP**

- 1-4                    Step to right on right, cross-step left behind right, step to right on right, cross-step left over right
- 5-8                    Step to right on right, hold, rock left foot behind right, recover weight onto right foot

## **RUMBA BOX (SIDE, TOGETHER, FORWARD, HOLD ; SIDE, TOGETHER, BACK, HOLD)**

- 1-4                    Step to left on left foot, step on right foot beside left, step forward on left foot, hold
- 5-8                    Step to right on right foot, step on left foot beside right, step back on right foot, hold

## **BACK-LOCK-BACK, KICK ; RIGHT COASTER-CROSS, STEP LEFT**

- 1-4                    Step back on left foot, lock-step right foot over left, step back on left foot, kick right forward
- 5-8                    Step back on right foot, step on left foot beside right, cross-step right foot over left, step to left on left foot

## **ROCK BEHIND & SIDE ; LEFT COASTER STEP**

- 1-4                    Rock right foot behind left, recover weight onto left foot, step to right on right foot, hold
- 5-8                    Step back on left foot, step on right foot beside left, step forward on left foot, hold

## **ROCK FORWARD & BACK & STEP FORWARD, ½ TURN**

- 1-4                    Rock forward on right foot, recover weight onto left, rock back on right foot, recover weight onto left
- 5-8                    Step forward on right foot, hold, pivot ½ turn to left, hold

## **REPEAT**

## **TAG & RESTART**

On the third wall, you will do the first 16 counts (up to & incl. The sailor scuff & sailor step) facing the front. You will then do the 4-count tag, and then restart the dance from count 1 (toe-struts) facing the back wall

STEP FORWARD, HOLD,  $\frac{1}{2}$  TURN, HOLD

1-4                      Step forward on right foot, hold, pivot  $\frac{1}{2}$  turn to left, hold