All Fired Up



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Kevin Smith (AUS) & Maria Smith (AUS)

Music: All Fired Up - Dan Seals



STEP, SCUFF, STEP, SCUFF, STEP, TOUCH WITH CLAPS

1-4 Step right to side, scuff left foot with clap, step left to side, scuff right foot with clap

5-8 Repeat above 4 counts

STEP BACK RIGHT, LEFT, KICK RIGHT FOOT TWICE, STEP BACK RIGHT, LEFT, KICK RIGHT FOOT TWICE

1-4 Step right back, step left back, kick right foot twice

5-8 Repeat above 4 counts

ROCK BACK, FORWARD, STEP, HOLD, STEP FORWARD, ½ TURN, ¼ TURN, HOLD

1-4 Rock right back, rock left forward, step right forward, hold

5-8 Step left forward, ½ turn right take weight right, ¼ turn right step left to side, hold

VINE RIGHT, TOUCH, TURNING VINE LEFT 1 1/4, TOGETHER

1-4 Vine right step right, left, right, touch left next right

5-8 Turning vine left 1 ¼ stepping left, right, left, step right together (alternate step; vine left with

¼ turn left)

JUMP OUT, CROSS, OUT, HOLD, CROSS, OUT, TOGETHER, HOLD

Jump both feet apart, jump both feet crossing right over left, jump both feet apart, hold
Jump both feet crossing right over left, jump both feet apart, jump both feet together, hold

Alternate steps for those dancer who do not like to jump:

1& Touch left heel forward, step left next right2& Touch right heel forward, step right next left

3-4 Touch left to side, hold & Step left next right

Touch right heel forward, step right next leftTouch left heel forward, step left next right

7-8 Point right to side, hold

VINE RIGHT, TOGETHER, HEELS OUT, TOES OUT, TOES TOGETHER, HEELS TOGETHER

1-4 Vine right step right, left, right, step left together

5-8 Fan both heels out, fan both toes out, fan toes together, fan heels together

LEFT BRUSH UP, VINE LEFT, TOGETHER

1-4 Touch left heel 45 degrees, brush left heel up in front right knee, touch left heel 45 degrees,

touch left next right

5-8 Vine left stepping left, right, left, step right next left

FAN BOTH HEELS OUT, TOES OUT, FAN TOES IN, HEELS IN, RIGHT BRUSH UP

1-4 Fan both heels out, fan both toes out, fan both toes together, fan heels together

5-8 Touch right heel 45 degrees, brush right heel up in front left knee, touch right heel forward 45

degrees, touch right next left

REPEAT