Lift Me Up

Count: 24 **Wall:** 4 **Level:** Intermediate
Choreographer: Glynn Holt (UK) - August 2007
Music: Lift Me Up - Geri Halliwell

Note: When Geri sings the words ?**LIFT ME UP**? raise both hands up in the air and then back down, just when the words ?**Lift Me Up**? are sang. Remind the dancers to continue dancing at the same time lol.

Start on Vochals

Right Vine with Brush, Left Vine with Brush

1-2	Step Right to Right side, Step Left behind Right.
3-4	Step Right to Right side, Brush Left next to Right.
5-6	Step Left to Left side, Step Right behind Left.
7-8	Step Left to Left side, Brush Right next to Left.

Step Slide Step Brush x 2

1-2	Step Right forward, slide Left next to Right.
3-4	Step Right forward, Brush Left next to Right.
5-6	Step Left forward, slide Right next to Left.
7-8	Step Left forward, Brush Right next to Left.

Right Vine with Brush, Left Vine with ¼ Turn Left

1-2	Step Right to Right side, Step Left behind Right.
3-4	Step Right to Right side, Brush Left next to Right.
5-6	Step Left to Left side, Step Right behind Left.
7-8	Make ¼ turn to Left, Touch Right next to Left.

End of Dance

?Dance Dedicated to Sally from Magill?, a Very Special Friend.

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