After Shock

Count: 64

Level: Intermediate

Choreographer: Stephen Sunter (UK)

Music: 2 Times (Original Radio Edit) - Ann Lee

Start with feet s	T, CROSS STEP, KICK, CROSS STEP, HEELS IN, OUT, KICK, CROSS STEP, KICK lightly apart and right slightly forward. You should travel slightly forward on the first eight
counts	
1&2	Twist both heels in, heels back in place (end with weight on right), cross step left over right
3-4	Kick right diagonally forward, cross step right over left
5&6	Twist heels together, heels back in place (end with weight on right), kick left diagonally forward
7-8	Cross step left over right, kick right diagonally forward
TOUCH, FULL	TURN, STEP, STEP, HIP GRIND, CHARLESTON
1-2	Touch right toe across and next to left, full turn left on ball of left foot pushing round using right
3-4	Step right, step left next to right
5-6	Hip grind left over 2 counts
&7	Split heels, move right back has heels are brought back together
&8	Split heels, move left back has heels are brought back together
End with weigh	t on left foot
HEEL & HEEL, PIVOT	SIDE, BEHIND, SIDE, FRONT, LARGE STEP RIGHT, STEP LEFT, STEP RIGHT, LEFT $\frac{1}{2}$
&1&2&	Hitch right, touch right heel forward, hitch right, touch right heel forward, hitch right
3	Push right out to right side
Counts &4&5 y	ou should only move the leg from the knee down. Top part of leg should still be on a diagonally
&4	Swing right leg behind left, swing right out to side
&5	Swing right in front of left, swing right out to right making a large step right
6&7	Slide left next to right, step left next to right, step forward right
8	Pivot ½ left
HEEL & HEEL, PIVOT	SIDE, BEHIND, SIDE, FRONT, LARGE STEP RIGHT, STEP LEFT, STEP RIGHT, LEFT $\frac{1}{2}$
&1&2&	Hitch right, touch right heel forward, hitch right, touch right heel forward, hitch right
3	Push right out to right side
On counts &4& diagonally	5, you should only move the leg from the knee down. Top part of leg should still be on a
&4	Swing right leg behind left, swing right out to side
&5	Swing right in front of left, swing right out to right making a large step right
6&7	Slide left next to right, step left next to right, step forward right
8	Pivot ½ left
STEP FORWA	RD, HEEL FORWARD, HEEL GRIND, SAILOR, BEHIND, SIDE, FORWARD
1-2	Step forward right, place left heel forward toes turned inward
3&4	Grind heel toes turned outward, turn toes inward, turn toes outward
5&6	Step left behind right, right step to right side, step left
7&8	Step right behind left, step left to left, step forward right
ROCK FORWA	RD, LEFT ½ SHUFFLE, STEP FORWARD, ½ PIVOT LEFT, RUN RIGHT, LEFT HEEL
1-2	Rock forward left, replace weight to right



COPPER KNOE

- 3&4 ¹/₂ turn left stepping left, right, left
- 5-6 Step forward right, ½ pivot left
- 7&8 Step forward right, step forward left, place right heel forward toes turned inward

HEEL GRIND, SAILOR, BEHIND, SIDE, FORWARD, STEP, ${\rm 1}{\rm \!2}$ PIVOT

- 1&2 Grind heel toes turned outward, turn toes inward, turn toes outward
- 3&4 Step right behind left, left step to left side, step right
- 5&6 Step left behind right, step right to right, step forward left
- 7-8 Step right forward, pivot ½ left

WALK RIGHT, LEFT, PUSH & STEP BACK, LOCK LEFT, 1 ¼ TURN RIGHT, STEP LEFT, STEP RIGHT

- 1-2 Step forward right, step forward
- 3&4 Push forward on right toes, replace weight to left, large step back on right
- 5 Lock left across right, toes touching to right of right foot
- 6 On ball of right and pushing of left make a 1 ¼ turn right, (keep weight on ball of right foot)
- 7-8 Step forward left, step right next to left, slightly forward & back into start position

REPEAT