Ain't For The Faint



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Pete Harkness (UK)

Music: Lot of Leavin' Left to Do - Dierks Bentley



ROCK RECOVER, 1/4 SHUFFLE, STEP, PIVOT, FULL RIGHT TURN

1-2-3&4 Rock forward on right, recover on left, step right ¼ right & step left beside right, step forward

on right

5-6-7-8 Step forward on left, ½ pivot right, ½ turn stepping back on left, ½ turn stepping forward on

right

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, 1/4 SHUFFLE

1-2-3&4 Rock forward on left, recover on right, step back on left & step right beside left, step forward

on left

5-6-7&8 Rock forward on right, recover on left, ¼ shuffle to right as you step right left right (12:00)

SIDE, TOUCH, ROCK, RECOVER, 1/4 TURN, HOLD, STEP 1/4 TURN

1-2-3&4 Rock forward on left, recover on right, step left ¼ left & step right beside left, step forward on

left

5-6-7-8 Step forward on right, ½ pivot left, ½ turn stepping back on right, ½ turn stepping forward on

left

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, 1/4 SHUFFLE

1-2-3&4 Rock forward on right, recover on left, step back on right & step left beside right, step forward

on right

5-6-7&8 Rock forward on left, recover on right, ¼ shuffle to left as you step left right left (12:00)

CROSS, SIDE, SAILOR STEP, CROSS SIDE, SHUFFLE 1/2 TURN

1-2-3&4 Cross right over left, step left to side, step right behind left & step left to side, step right in

place

5-6-7&8 Cross left over right, step right to side, make a ½ turn to left as you shuffle left right left

CROSS, SIDE, HEELBALL CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE

1-2-3&4 Cross right over left, step left to side, dig right heel in front & step left beside right, cross left

over right

5-6&7-8 Step right to side, step left behind right & step right to side, cross left over right, step right to

side

COASTER TURN, SHUFFLE, ROCK, RECOVER, 3/4 TRIPLE TURN

1&2-3&4 Make a ¼ turn left as coaster step left right left, shuffle forward right left right

5-6-7&8 Rock forward on left, recover on right, ¾ turn to left as you triple step left right left (6:00)

SIDE ROCK, CROSS TWICE, 1/4 TURN, SIDE STEP

1-2-3 Rock right to side, recover on left, cross right over left
4-5-6 Rock left to side, recover on right, cross left over right
7-8 1/4 turn to left stepping back on right, step left to side

REPEAT