

KEEP UPYA LITTLE MOVE



Count: 64

Wall: 4

Level: Intermediate/Advanced Beginner level



Choreographer: Dancin Mamas - June 2006

Music: Crazy by Lumidee feat. Pitbull

Section 1 Walk, Walk, ½ left semicircle turn right, Mambo break hitch

- 1-2 (1)Walk right, (2)left forward
3&4 (3)Cross right over left, (&)step left back turning 1/8 right (4)Step right 1/8 to right side
5&6 (5)Step left behind right, (&)step forward on right turning ¼ rights
7&8 (6)Step forward on left
(7)Rock right foot forward,(&) recover on left, (8) Hitch

(Optional move: count 8. Push palms forward and your hips back to make it feel like a break, like as you get a punch in your stomach)

Section 2 Funky weave, Point Hitch cross

- 1-4 (1)Step right behind left pop L knee forward, (2)step left foot back to left pop R knee forward
(3)Cross right over left pop L knee forward (4)Step back on left pop R knee forward.
5-6 (5)step back on right, (6)cross left over right
7&8 (7)point right to right side, (&)hitch right knee, (8)cross right over left
Easy Option: (Weave moving back. 1-4 to left diagonal. 5-8 to right diagonal)

Section 3 Rock&cross 1/8 left,Side, turn ¼, Kick ball long step, Kick ball long step

- 1&2 (1)Rock left to left side, (&)recover on right, (2)step left foot forward turning 1/8 left
3-4 (3)Step right foot to right side 1/8 turns left. (4)step left to left turning ¼ left (keep your legs stiff, take wide steps)
5&6 (5)Kick right foot forward, (&)step down on right with bent knee, (6)take a long step forward on left
7&8 (7)Kick right foot forward, (&)step down on right with bent knee (8)take a long step forward on left

Section 4 Lounge, Snap, Kick, Behind side cross & Funky weave

- 1-4 (1) With left hand on hip Lounge forward , snap your fingers 3 times and pop your knee, right (&) left (2) right (&)left
(3) right at the same time, (4)recover on left as you kick right foot forward towards 1 o'clock
5&6 (5)Step right foot behind left, (&)step left to left side, (6)cross right foot over left
7&8 (&)Step left to left side, (7)step right foot behind left, (&)step left to left side, (8)cross right foot over left,

(Optional move: 5-8 Move your arms as if you were holding a steering wheel with bent arms, & closed fist facing forward ,shoulders pop up &down)

Section 5 Paddle turn right ¼, ?Beyonce shakes?

- 1&2&3&4 (1)Point left to left side, (&)hitch left turning ¼ right, (2) point left to left side
(&)Hitch left turning ¼ right, (3) point left to left side
(&) hitch left turning ¼ right, (4) flex your foot left to left side
5&6 (5) Step down on left foot as you push your chest back (&) and forward&back (6) rise your right foot flexed.
7&8 (7) Step down on right foot as you push your chest back(&) and forward &back (8) rise your left foot flexed.

(Optional move: ?Beyonce shake?: bend your arms, palms facing forward at chest level, pushing your chest forward and back. (The counts can be 5&6&7&8&)

Section 6 Dorothy, left, right, Shuffle forward, Sailor full turn

- 1-2& (1)Step left diagonally forward, (2)lock right foot behind left, (&)step forward on left
3-4& (3)Step right diagonally forward, (4)lock left foot behind right, (&)step forward on right
5&6 Shuffle forward on left, right, left
7&8 Sailor full turn over right shoulder, weight ends on right.

Section 7 Charleston, Turn, & Forward Clap & Forward Clap

- 1-2 (1)Point left foot forward, (2)point left foot back
3-4 (3)unwind ½ turn over left shoulder, step down on left (4)clap your hands
&5-6 (&)step right foot behind left, (5)step down on left and (6)clap your hands
&7-8 (&)step right foot behind left, (7)step down on left and (8) clap your hands

Section 8 Rock&cross, Sway ½ turn left, Rock&cross, Sway ¼ turn left

- 1&2 (1)Rock right to right side, (&)recover on left, (2)cross right over left
3-4 (3,4)Sway hips in a semicircle from left to right ¼ turn left x2 (compleating 1/2 turn)
5&6 (5)Rock right to right side,(&) recover on left, (6)cross right over left
7-8 (7-8)Sway hips in a semicircle from left to right ¼ turn left. Weight ends on left foot

No tags, no restarts! Have Fun!!