

# Cumbia Dance A Thon

**Count:** 32

**Wall:** 1

**Level:** Beginner

**Choreographer:** Irene Groundwater (CAN) - August 2000

**Music:** La Cumbia - G. Kajunus : (CD: Macarena Tropical Disco)



## Start when music starts - 16 count intro

If you make a complete (full) turn on the initial dance pattern, the dance will always have a 12:00 o'clock home wall.

Otherwise, you should start the dance on the 9:00 o'clock wall so that you will end up with a 12:00 o'clock home wall

If you start the dance on the home wall with just a  $\frac{3}{4}$  turn to begin with, your home wall will become the 3:00 o'clock wall.

## FWD, FWD, FWD, KICK BACK, FWD, FWD, FWD, KICK BACK

(CIRCLING LEFT  $\frac{3}{4}$  TURN ON THESE 8 COUNTS)

- 1-2 Left fwd turning left, Right fwd turning left
- 3-4 Left fwd turning left, Right kicks back while Head tilts back
- 5-6 Right fwd turning left, Left fwd turning left
- 7-8 Right fwd turning left, Left kicks back while Head tilts back

(Optional - Hands circle each other in front of Chest on steps 1,2,3 and 5,6,7)

## LEFT VINE WITH RIGHT HEEL, RIGHT VINE WITH LEFT HEEL

- 9-10-11 Side step left, Right behind left, Side step left
- 12 Tap right heel to the right turning Body  $\frac{1}{4}$  turn right on step
- 13-15 Side step right facing 3 o'clock, Left behind right, Side step right
- 16 Tap Left heel to the left turning Body  $\frac{1}{4}$  turn left on step

(Optional - Point first finger of each hand fwd on steps 12 and 16)

## LEFT BODY DIP, TURN, TWO CLAPS, RIGHT BODY DIP, TURN, TWO CLAPS

- 17 Bring weight onto Left ball which swivels  $\frac{1}{4}$  turn right as
- 18-19 Body dips left with  $\frac{1}{4}$  turn right as Right ball swivels right
- &20 Clap, Clap
- 21 Bring weight onto Right ball which swivels  $\frac{1}{4}$  turn left as
- 22-23 Hip sways right, Body turns  $\frac{1}{4}$  turn left as Left ball swivels left
- &24 Clap, Clap

(Optional - Swivel on Heel instead of Ball of foot on steps 19 & 23)

(Optional - Use Hip & Shoulder shimmy on counts 18-19 & 22-23)

## FWD, BACK, BACK, HOLD, BACK FWD, FWD, $\frac{1}{4}$ TURN LEFT

- 25-26 Left fwd, Right back
- 27-28 Left back, Hold
- 29-30 Right back, Left fwd
- 31-32 Right fwd, Hold (pivoting  $\frac{1}{4}$  turn left on Right ball on hold)

(Optional - subtle Cuban motion on last 8 counts)