

# Out Of Habit

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Daniel Trepatt (NL)

**Music:** Out If Habit - BR5-49



**Restart: Dance**  
wall 4 until  
count 16, then  
start again.

**Shuffle ½ turn,**  
**shuffle**  
**backwards, side**  
**shuffle to right,**  
**side shuffle to**  
**left.**

1 RF Step  
forward, 1/4 turn  
left  
& LF Step  
together  
2 RF Step  
backwards, 1/4  
turn left  
3 LF Step  
backwards  
& RF Step  
together  
4 LF Step  
backwards  
5 RF Step to the  
right  
& LF Step  
together  
6 RF Step to the  
right  
7 LF Step to the  
left  
& RF Step  
together  
8 LF Step to the  
left

**Kick forward,**  
**kick with ¼ turn**  
**right,**  
**coasterstep,**  
**kick forward,**  
**kick with ¼ turn,**  
**coasterstep.**

1 RF Kick  
forward  
2 RF Turn ¼  
right on LF and  
kick forward

3 RF Step  
backwards  
& LF Step  
together  
4 RF Step  
forward  
5 LF Kick  
forward  
6 LF Turn  $\frac{1}{4}$  left  
on RF and kick  
forward  
7 LF Step  
backwards  
& RF Step  
together  
8 LF Step  
forward

**Kicks forward,  
boogie walks,  
touch.**

1 RF Kick  
forward  
2 RF Step  
together  
3 LF Kick  
forward  
4 LF Step  
together  
5 RF Step  
forward, hold  
your knee  
against your  
L.knee  
6 LF Step  
forward, hold  
your knee  
against your  
R.knee  
7 RF Step  
forward, hold  
your knee  
against your  
L.knee  
8 LF Touch next  
to RF

**Big step left,  
slide, dixie kick  
forward, low  
kick  
backwards.**

1 LF Big step to  
the left  
2-3-4 RF Slide  
till next to LF,  
without weight  
5 RF Kick right  
heel forward  
6 Hold

7 RF Low kick  
backwards  
8 Hold

**Start over  
again.**

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