Dance Yourself Dizzy

Count: 32
Wall: 4
Level: Intermediate
Choreographer: Mark Furnell and Jackie Towler (Oct '07)
Music: Dance Yourself Dizzy by Liquid Gold

Intro: 32 counts.

Section 1
SIDE BEHIND ¼ TURN, STEP PIVOT ¾ TURN, SIDE BEHIND AND STEP FORWARD PIVOT ½ TURN.
1-2& Step right to side, left behind right, ¼ turn on right stepping on right.
3-4 ¼ turn right stepping on left, ½ right stepping on right.
5-6& Step left to the side, step right behind left, step side on left.
7-8 Step forward on right, pivot ½ turn left (weight ends on left) (12oclock)

Section 2
STEP ¼, ¼, COASTER STEP, SHUFFLE FORWARD, WHOLE TURN TRAVELLING FORWARD
1-2 Step forward on right making ¼ turn right, step back on left making ¼ turn right,
3&4 Step back on right, close left to right and step forward on right.
5&6 Shuffle forward stepping left right left,
7-8 Pivot ½ turn left stepping forward on right, pivot ½ turn left stepping forward on left.
(12oclock wall)

Section 3
SHUFFLE BACK, STEP ¼ TURN, STEP ½ TURN, SHUFFLE FORWARD, PIVOT ½ TURN
1&2 Shuffle back stepping right left, right
3-4 Step back on left making ¼ turn left, side on right making ½ turn left.
5&6 Shuffle forward stepping left, right, left
7-8 Step forward on right pivot ½ turn left. (9oclock)

Section 4
WALK FORWARD R L, STEP BACK, STEP ¼, ¼, ¼, SAILOR CROSS.
1-2& Walk Forward right, left and step back on right
3-4 Step back on left making ¼ turn left, step forward on right making ¼ turn left
5-6 Step back on left making ¼ turn left, step forward on right making ¼ turn left
7&8 Step left behind right, step side on right and cross left over right.

Please add the tag after walls 2, 4, 6 & 9. There is a restart at count 12 of the Tag being danced after wall 4.

TAG
SIDE BEHIND ¼ TURN, STEP PIVOT ¾ TURN, SIDE BEHIND AND STEP FORWARD PIVOT ½ TURN.
1-2& Step right to side, left behind right, ¼ turn on right stepping on right.
3-4 ¼ turn right stepping on left, ½ right stepping on right.
5-6& Step left to the side, step right behind left, step side on left.
7-8 Step forward on right, pivot ½ turn left (weight ends on left) (12oclock)

BALL STEP HOLD X3, SCUFF FWD, ACROSS AND FLICK ½ TURN AND SCUFF
&9-10 Lock right behind left and step forward on left and hold
&11-12 Lock right behind left and step forward on left and hold (restart here on wall 4)
&13-14
Lock right behind left and step forward on left and scuff right foot through.
Scuff right foot across left, flick right foot out make ½ turn left and scuff right foot through

Very fast dance this one; not for the faint hearted. Have fun.

(Marksfurnell@yahoo.co.uk)