

Valerie

COPPER KNOB
STEP SHEETS

Count: 32

Wall: 4

Level: Improver (Fast)

Choreographer: Maggie Gallagher (UK) - October 2007

Music: Valerie (feat. Amy Winehouse) - Mark Ronson



Intro : 4 taps, followed by 16 counts – Start on vocals (11 secs)

The dance moves in a Clockwise direction.

SIDE STEP –TOUCH x2, PART RUMBA BOX FORWARD, SIDE STEP –TOUCH x2, PART RUMBA BOX BACK

- 1& Step right to right side, Touch left next to right (12)
- 2& Step left to left side, Touch right next to left
- 3&4 Step right to right side, Step left next to right, Step forward on right
- 5& Step left to left side, Touch right next to left
- 6& Step right to right side, Touch left next to right
- 7&8 Step left to left side, Step right next to left, Step back on left

ROCK, RECOVER, 1/2 LEFT, LEFT COASTER, WALK , STEP, 1/2 PIVOT RIGHT, WALKS

- 1&2 Rock back on right, Recover onto left, Make 1/2 turn left stepping back on right (6)
- 3&4 Step back on left, Step right beside left, Step forward on left
- 5,6& Walk forward on right, Step forward on left, 1/2 pivot turn right
- 7,8 Walk forward left, Walk forward right

TOE-HEEL-CROSS x2, 1/4 RIGHT, SIDE, LEFT CROSS, SIDE ROCK, RECOVER, TOUCH

- 1&2 Touch left toe beside right, Tap left heel in front of right, Cross left over right
- 3&4 Touch right toe beside left, Tap right heel in front of right, Cross right over left
- 5&6 Make 1/4 turn right stepping back on left, Step right to right side, Cross left over right (3)
- 7&8 Rock out to right side, Recover onto left side, Touch right next left

SLOW HIP BUMPS x2, FAST HIP BUMPS x3, SLOW TWISTS x2, QUICK TWISTS x3, TOUCH

- 1,2 Bump hips right, Bump hips left
- 3&4 Bump hips - Right, Left, Right
- 5,6 Twist heels left, Twist toes left,
- 7&8& Twist heels Left-Toes Left-Heels left, Touch right beside left (3)

Begin again