Valerie

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Rachael McEnaney (USA) - October 2007
Music: Valerie - Mark Ronson : (Album: Version)

Count In: 16 counts from start of track, dance begins on vocals.

(1 – 8) Left mambo forward, Right Shuffle Back, Left Coaster Step, Two Heel Strutts forward

1 & 2	Rock forward on left (1), recover weight onto right (&), step back on left (2)
3 & 4	Step back on right (3), step left next to right (&), step back on right (4)
5 & 6	Step back on left (5), step right next to left (&), step forward on left (6)
7 & 8 &	Right heel strut (heel, toe) (7&), Left heel strut (heel toe) (8&) [12.00]

(9 – 16) Right cross rock, Left cross rock with ¼ turn, Right heel rock, ball rock with ¼ turn, Right Shuffle

1 & 2	Cross rock right over left (1), recover weight onto left (&), step right to right side (2) [12.00]
3 & 4	Cross rock left over right (3), recover weight onto right making ¼ turn left (&), step forward on left (4) [9.00]
5 &	Rock forward onto right heel (5), recover weight onto left (&), [9.00]
6 &	Rock back onto ball of right making ¼ turn left (6), recover weight onto left (&) [6.00]
7 & 8	Step forward on right (7), step left next to right (&), step forward on right (8) [6.00]

(17 – 24) Left rumba box, Left coaster step, Right toe heel cross

1 & 2	Step left to left side (1), step right next to left (&), step forward on left (2)
3 & 4	Step right to right side (3), step left next to right (&), step back on right (4)
5 & 6	Step back on left (5), step right next to left (&), step forward on left (6)
7 & 8	Touch right toe next to left (7), touch right heel to right diagonal (&), cross right over left (8) [6.00]

(25 – 32) Left Charleston step, Left side rock cross, ¾ turning triple step.

1 - 2	Touch left toe forward (1), step back on left (2) [6.00]
3 - 4	Touch right toe back (3), step forward on right (4) [6.00]
5 & 6	Rock left to left side (5), recover weight onto right (&), cross left over right (6) [6.00]
7 & 8	Make ¼ turn left stepping back on right (7), make ½ turn left stepping forward left (&), step forward right (8) [9.00]

START AGAIN, HAVE FUN!