Singing The Song

Count: 32

Intro 16 counts.

1&2& 3&4

1,2 3&4

5&6&

7&8

1,2,

3&4

Level: Easy Intermediate

Choreographer: Pim Humphrey (UK) - January 2008

Music: This Is the Life - Amy Macdonald : (Album: This Is The Life)

Cross Rock, Side Rock, Behind Side Cross, Side, Rock, Cross Shuffle Cross Left Foot Over Right, Recover Onto Right, Step to side Left, Recover Onto Right Step Left Behind Right, Step Side Right, Cross Left In Front of Right 5,6,7&8 Step Side Right, Recover Onto Left, Cross Right Over Left, Step Side Left, Cross Right over Left Turn ¼, ¼, Left Shuffle, Side Together x2 Kick Ball Change Turn ¼ Right Stepping Back on Left, Turn ¼ Right Stepping Forward On Right Step Forward On Left, Bring Right Up to Left, Step Forward On Left Touch Right To Side, Step Right Beside Left, Touch Left To Side, Step Left Beside Right Small Kick With Right, Step On Right, Step On Left Make ¹/₂ Turn Step Pivot, Right Shuffle, Sailor Step x2 Step forward On Right, 1/2 Turn Left Stepping On To Left Step Forward On Right, Bring Right Up To Left, Step Forward On Right Step Left Behind Right, Step Side Right, Step Side Left, Step Right Behind Left, Step Side 5&6,7&8 Left, Step Side Right Touch Out, In, Out, Behind, Side, Cross, Touch Out, In, Out, Behind, Turn 1/4, Step Touch Left Out To Left side, Touch left by Right, Touch left out to to left side,

- 1&2
- 3&4 Step Left behind Right, Step Side Right, Cross Left In front of Right,
- 5&6
- Touch Right Out To Right side, Touch Right by Left, Touch Right Out To Right side,
- 7&8 Step Right Behind Left, Turn ¼ Left Stepping Forward Left, Step Forward On Right .

Begin again.





Wall: 4