HEEL, HEEL, HEEL & FLICK, STEP CROSS AND HOLD

1-4  Touch right heel forward, step on right together, touch left heel forward, step on left together
5-6  Touch right heel forward, hitch/flick right heel to right side
7-8  Cross right over left and hold

PUSH (ROCK) & CROSS, VINE RIGHT, HOLD

1-4  Push off/rock with left to left side, step right in place, cross left over right, and hold
     Step right to right side, cross left behind right, step right to right side, hold (weight is on right)
5-8

VINE LEFT WITH ½ TURN LEFT, VINE RIGHT WITH A ¼ TURN RIGHT

1-4  Step left on left, cross right behind left, turn ½ to left stepping on left, brush right
     Step right on right, cross left behind right, turn ¼ turn right stepping on right, brush left
5-8

PIVOT ½, PIVOT ¼, 2 STOMPS, 2 HEEL BOUNCE

1-2  Step left forward, pivot ½ turn right (weight is on right)
3-4  Step left forward, pivot ¼ turn right (weight is on right)
5-6  Stomp left next to right in place twice
7-8  Bounce/stomp both heels in place together twice (weight on balls of feet)

Begin again.