

# C'mon

**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Barbara Lowe (Feb 08)

**Music:** Send It On by Sean Paul (CD: The Trinity)



**Or Music:** Damn Girl by Justin Timberlake

**R walk forward ,rock and cross ,L walk forward rock and cross**

- 1-2                      walk forward right left
- 3&4                    rock right to right side ,recover weight onto left ,cross right over left
- 5-6                    walk forward left right
- 7&8                    rock left to left side ,recover weight onto right ,cross left over right

**shuffle back right left ,traffic light 1/4 turn left**

- 1&2                    step back on right, close left next to right, step back on right
- 3&4                    step back on left ,close right next to left ,step back on left
- 5&6                    jump forward both feet together (red)jump forward both feet slightly apart (amber)
- 7&8                    jump forward both feet more apart (green)jump forward turning 1/4 left

**shuffle forward right left skate 4x 1/8**

- 1&2                    Step forward on right close left next to left, step forward right
- 3&4                    step forward on left ,close right next to left ,step forward on left
- 5&6                    skate 1/8 right on right foot,skate 1/8 on left foot
- 7&8                    skate 1/8 right on right foot,skate 1/8 on left foot

**shuffle forward right left 4 knee pops L,R,L,R**

- 1&2                    Step forward on right close left next to left, step forward right
- 3&4                    step forward on left ,close right next to left ,step forward on left
- 5-6                    pop left knee in to meet right knee, pop right knee forward
- 7-8                    pop left knee in to meet right knee, pop right knee forward

**start again**