

# ZONDAG

**Count:** 0      **Wall:** 0      **Level:** Phrased Intermediate

**Choreographer:** Michel Platje, Anita Zwiers, Satu Ketellapper (Apr 08)

**Music:** Dit Moet een zondag zijn by Lange Frans & Baas B



**Sequence:** A,B,A,B, Mini A (On count 47 the  $\frac{3}{4}$  turn changes in  $\frac{1}{2}$  turn then B starts facing 12.00 again),B

## **PART A:**

### **Vine, Rock step, vine $\frac{1}{4}$ right**

- 1 RF step behind LF
- & LF step to left side
- 2 RF cross over LF
- 3 LF step to left side(weight on left)
- 4 RF put weight on RF
- 5 LF behind RF
- & RF step forward  $\frac{1}{4}$  right (face 15.00)
- 6 LF step forward
- 7 RF pressure step forward
- 8 RF sweep around over right side  $\frac{3}{4}$  turn right (face 12.00)

### **Coaster step, walk, hip rolls**

- 1 RF step backward
- & LF step next to RF
- 2 RF step forward
- 3 LF walk forward
- 4 RF walk forward
- 5 LF step to left side, weight on LF
- 6 RF change weight back to RF
- 7 LF change weight back on LF
- 8 RF touch next to LF

### **Turn $\frac{1}{4}$ , walk, kickball cross**

- 1 RF Turn  $\frac{1}{4}$  right in place putting
- 2 Lf toe keeps next to RF, whilst weight end on RF
- 3 LF walk forward
- 4 RF walk forward
- 5 LF kick forward diagonal to right side
- & LF put weight on LF
- 6 RF cross behind LF
- 7 Start turn  $\frac{1}{4}$  right on both feet
- 8 End  $\frac{3}{4}$  turn ending weight on both feet (face 12.00)

### **Coaster step, walk back, jazzbox**

- 1 RF step RF backward
- & LF step next to RF
- 2 RF step RF cross front over LF
- 3 LF step backwards
- 4 RF step backwards

- & LF step backward
- 5 RF rock step backwards
- 6 LF put weight back on LF
- 7 RF step cross over LF
- & LF step LF backwards
- 8 RF ½ turn over right shoulder RF step forwards (face 18.00)

**Slide, kickball cross, full turn, pressure step**

- 1 LF Big step to left side
- 2 RF step next to LF
- 3 RF Kick forward
- & RF put weight on RF
- 4 LF in place behind RF, RF is on heel
- & RF step back
- 5 LF kick forward
- & LF step forward
- 6 RF cross behind LF
- 7 start Full turn over right shoulder keep weight on both feet
- 8 End full turn over right shoulder (18.00)

**Scuff, pressure step, coaster step**

- 1 RF scuff forward
- 2 RF Pressure step on right toe
- 3 LF step backwards
- & RF step next to LF
- 4 LF step forward
- 5 Hitch up right knee
- 6 RF point toe backwards (toe may not touch the floor)
- 7 RF step forward
- & LF step forward ½ turn left
- 8 RF step forward ¼ turn left (face 21.00)

**Skate, point, coaster step, turn**

- 1 LF skate forward
- 2 RF skate forward
- 3 LF point cross over RF
- 4 LF point to left side
- 5 LF cross behind RF
- & RF nest to LF
- 6 LF step to left side
- 7 RF point backwards behind LF
- 8 RF point to right side

**Point , Jazzbox**

- 1 RF cross in front of LF
- & LF step back ¼ turn right (12.00)
- 2 RF step forward ¼ turn right (15.00)
- 3 LF big step to left side
- 4 RF Hitch up right knee
- 5 RF big step to right side 1/8 right
- 6 LF hitch up left knee

- 7 LF big step 1/5
- 8 RF hitch up right knee (12.00)

**PART B:**

**Walk, Shuffle,  $\frac{3}{4}$  turn**

- 1 RF Walk forward
- 2 LF Walk forward
- 3 RF step forward
- & LF step next to RF
- 4 RF step forward
- 5 LF step forward  $\frac{1}{2}$  turn right
- 6 RF step forward  $\frac{1}{4}$  turn right
- 7 LF step to left side
- 8 RF drag next to left

**Vine, Shuffle  $\frac{3}{4}$  turn**

- 1 Rf step behind LF
- & LF step next to RF
- 2 RF step forward
- 3 Lf step forward
- & RF step next to LF
- 4 Lf step forward
- 5 RF step forward  $\frac{1}{2}$  turn left
- & LF step forward  $\frac{1}{4}$  turn left
- 6 RF step next to LF
- 7 Bump hips right side snapping fingers with right hand
- 8 Bump hips to right side snapping fingers with right hand

**Hold, vine shuffle  $\frac{3}{4}$  turn**

- & RF step to right side
- 1 LF step to left side
- 2 Spread out arms on hip height
- 3 LF step behind RF
- & RF step forward  $\frac{1}{4}$  turn right
- 4 LF step forward
- 5 RF step forward
- & LF step next to RF
- 6 RF step forward
- 7 LF step forward  $\frac{1}{4}$  turn right
- & Rf step back  $\frac{1}{2}$  turn right
- 8 Lf step forward cross over right

**Slide, vine, 1  $\frac{1}{2}$  turn**

- 1 RF step to right side
- 2 LF step next to RF
- 3 Bump hips to right side snapping fingers with right hand
- 4 Bump hips to right side snapping fingers with right hand
- 5 RF step behind LF
- & LF step to left side
- 6 RF step cross over LF
- & LF step to left side

- 7 RF cros behind LF
- 8 1 ½ turn over right shoulder (18.00)

**End of part B**