

Lone's Beach

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Kitty van der Westen (DK) - May 2008

Music: Some Beach - Blake Shelton



Intro: 16 counts

This dance is a birthday present for Lone, because she loves the music so much!!!!

CHASSE RIGHT, ROCKSTEP, CHASSE LEFT, ROCKSTEP

- 1&2 Step R To Right Side, Close L Beside R, Step R To Right Side
- 3-4 Rock Back On L, Rock Forward Onto R
- 5&6 Step L To Left Side, Close R Beside L, Step L To Left Side
- 7-8 Rock Back On R, Rock Forward Onto L

KICK BALL STEP (2X), STEPS TURN LEFT, FULL TURN LEFT TRAVELLING FORWARD

- 1&2 Kick R Forward, Place R Beside L, Step L Forward
- 3&4 Kick R Forward, Place R Beside L, Step L Forward
- 5-6 Step Forward R, Turn ½ Left (Weight On L) (Facing 6:00)
- 7-8 Turn ½ Left Stepping Back Onto R, Turn ½ Left Stepping Forward Onto L.

SIDE ROCK, SAILORSTEP, CROSS ROCK, SHUFFLE ¼ TURN LEFT

- 1-2 Rock R To Right Side, Rock Back On L
- 3&4 Step Right Behind Left, Step Left To Left, Step Right In Place.
- 5-6 Cross L Over R, Rock Back Onto R
- 7&8 Step L To Left Side, Close R Beside L, Step L To Left Side With A ¼ Turn To The Left (Facing 3:00)

SIDE ROCK, CROSS SHUFFLE, STEP TOUCH (2x)

- 1-2 Rock R To Right Side, Rock Back Onto L
- 3&4 Cross Right Over Left. Step Left To Left Side. Cross Right Over Left.
- 5-6 Step L To Left Side, Touch R Beside L
- 7-8 Step R To Right Side, Touch L Beside R

OUT, OUT, IN, CROSS UNWIND, R SHUFFLE, ROCKSTEP

- &1&2 Quickly Step L Out To Left Side, R To Right Side, L Back On Place, R Cross Over L
- 3-4 Unwind Over 2 Counts ½ Turn Left (Weight On L) (Facing 9:00)
- 5&6 Step Forward R, Step L To R, Step Forward R
- 7-8 Step Forward L, Rock Back Onto R

COASTERSTEP, ROCKING CHAIR, STEP TURN ½ LEFT

- 1&2 Step Back L, R Beside L, Step Forward L
- 3-4 Step Forward R, Rock Back Onto L
- 5-6 Step Back R, Rock Forward Onto L
- 7-8 Step Forward R, Turn ½ Left (Weight L) (Facing 3:00)

RESTARTS: ON WALL 1 (FACING 3:00), WALL 3 (FACING 9:00), WALL 5 (FACING 3:00)

HEEL SWITCHES, CLAP (2X), ROCKSTEP, COASTERSTEP

- 1&2 Touch R Heel Forward, R Beside L, Touch L Heel Forward
- &3&4 L Beside R, Touch R Heel Forward, Clap, Clap
- &5-6 R Beside L, Step Forward L, Rock Back Onto R
- 7&8 Step Back L, R Beside L, Step Forward L

SHUFFLE, STEP TURN ½ RIGHT, SHUFFLE, STEP TURN ½ LEFT

1&2	Step Forward R, Step L To R, Step Forward R
3-4	Step Forward L, ½ Turn R (Weight On R)
5&6	Step Forward L, Step R To L, Step Forward L
7-8	Step Forward R, ½ Turn L (Weight On L)

Restart

Once you know the dance you can just enjoy the music!!!!
