

# TAKE A BOW

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 40      **Wall:** 2      **Level:** Beginner / Intermediate

**Choreographer:** Mandy Teoh (Malaysia) July 08

**Music:** Take A Bow by Leona Lewis



**Count In: 32 counts from start of track**

## **Step Back,Sweep,Cross Behind,Unwind Full Turn,Sailor,Sway,Side Together Side**

- 1,2 &3      Step back on right (1) Sweep out left (2) Cross left behind right (&) Bend knees  
unwind full turn - left & sweep left out to left
- 4&5      Cross step left behind right (4) Step right to right side (&) Step left to left side with  
hips sway (5)
- 6,7      Sway hips to right (6) Sway hips to left (7)
- 8&1      Step right to right (8) Step left together beside right (&) Step right to right side (1)

## **Rock Back Side,Rock ½ Turn,Step,Triple Full Turn**

- 2&3      Rock left behind right (2) Recover on right (&) Step left to left side
- 4&5      Rock back on right (4) Recover on left (&) Turn ½ left stepping back on right (5)
- 6,7      Rock back on left (6) Recover on right (7)
- 8&1      Triple full turn left (stepping L , R , L)

## **Back,Recover,Step ½ Turn,Bend R Slide L Out,Straighten Up,Step ½ Turn,Side**

- 2,3,4      Step back on right (2) Recover on left (3) Step forward on right (4)  
On the ball of right ½ turn R touch left beside right ( slightly diagonal right ) (5)- right  
knee bend & slide left out to left (6) Straighten right foot & slide left foot back close to  
right & touch beside right (7)
- 8&1      Step forward on left (8) step right forward pivot ½ turn L weight remain on right (&)  
Step left to left side (1)

## **Rock Back,Recover,1/4 Turn,1/4 Turn,Cross, Recover, Step Together & Sweep, Right Sailor**

- 2,3      Rock back on right (2) Recover on left (3)
- 4&5      ¼ turn left stepping right back (4) ¼ turn left step left to left (&) Cross right over left  
(5)
- 6&7      Recover on left (6) Step right to right (&) Step left next to right and knock out right &  
sweep right - out to right (7)
- 8&1      Cross right behind left (8) Step left to left side (&) Step right forward (1)

**Restart: 1 restart here on 3rd wall , AFTER 6 & 7 sweep out right, replace right sailor 8&1 with - 8& rock right back & recover on left & restart dance from beginning**

**Tag: 2nd tag OCCURRED here on 5th rotation, AFTER completing the right sailor 8 & 1, add 1 count - rock left forward & restart dance from beginning**

## **Walk Forward Left Right, Pivot ½ Turn Right Step, Sweep Right & Left, Rock Recover**

- 2 , 3      Step left forward, step right forward with style
- 4 & 5      Step forward left, pivot ½ turn right, step left forward
- 6 , 7      Sweep right from back to front step across left, sweep left from back to front step  
across right
- 8 &      Rock forward on right recover on left

**Tag: ADD 2 count tag here after completing 1st rotation - 1 , 2 rock back on right & recover on left**