Intro: 32 Count intro

Walk Fwd Right And Left, Shuffle 1/2 Turn Left, Back Rock, Shuffle 1/4 Turn Right.
1-2 walk fwd on right, walk fwd on left
3&4 shuffle 1/2 turn left, stepping right, left, right,
5-6 rock back on left, recover on right,
7&8 shuffle 1/4 turn right, stepping left, right, left,

Heel Digs X2, 1/8 Turn Left, Repeat, This Will Complete A Full 1/4 Turn Left.
1&2& dig right heel fwd, step right beside left, dig left heel fwd, step left beside right
3-4 small step fwd on right, pivot 1/8 turn left,
5-8 repeat steps 1&2& and 3-4 (this will complete a 1/4 turn left)

Cross Rock, Side Rock, Cross Chasse, Side Rock.
1-2 cross rock right over left, recover on left,
3-4 rock right to right side, rec over on left,
5&6 cross chasse left, stepping right, left, right,
7-8 rock left to left side, recover on right

Sailor Dig And Cross Rock, Shuffle 1/4 Turn Right, Shuffle 1/2 Turn Right
1&2 cross left behind right, step right beside left, dig left heel fwd,
& 3-4 step left beside right, cross rock right over left, recover on left
5&6 shuffle 1/4 turn right, stepping right, left, right,
7&8 shuffle 1/2 turn right, stepping left, right, left