

# Around The Clock

**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Louise Elfvengren (SE) (1st October 2008)

**Music:** Rock Around The Clock by Bill Haley and His Comets



## Intro: 28 counts

### Section 1: RUN FORWARD X 3, KICK. RUN BACKWARDS X 3, KICK.

- 1-4 Run right – left - right. Kick left foot forward.
- 5-8 Run backwards left – right - left. Kick right foot forward. (12 o'clock)

### Section 2: ROCK & CROSS WITH HOLDS X 2

- 1-4 Rock right to the side, recover, cross right over left, hold.
- 5-8 Rock left to the side, recover, cross left over right, hold.

### Section 3: 3/4 TURN LEFT WITH HITCH (Clap hands every hitch), RIGHT AND LEFT TOE STRUT (forward or in place).

- 1-2 Step down on right foot, turn 1/2 left while lifting up left leg.
- 3-4 Step down on left foot, turn 1/4 left while lifting up right leg.
- 5-6 Put down right toes with weight on the ball, put down rest of the foot.
- 7-8 Put down left toes with weight on the ball, put down rest of the foot. (3 o'clock)

### Section 4: SIDE TOGETHER SIDE AND KICKS X 2 (Option: Side behind side, kick x 2)

- 1-2 Step right to right side, step left next to right,
- 3-4 Step right to right side, kick forward with left foot.
- 5-6 Step left to left side, step right next to left.
- 7-8 Step left to left side, kick forward with right foot.

### Section 5: KICKS TRAVELLING BACKWARDS

- 1-4 Step down on right, kick forward with left, step down on left, kick forward with right (moving backwards every step)
- 5-8 Step down on right, kick forward with left, step down on left, kick forward with right (moving backwards every step)

### Section 6: STOMP - HOLD X 2, RIGHT AND LEFT TOE STRUT (backwards or in place).

- 1-4 Stomp right foot, hold. Stomp left foot, hold.
- 5-6 Put down right toes with weight on the ball, put down rest of the foot.
- 7-8 Put down left toes with weight on the ball, put down rest of the foot. (3 o'clock)