Cadance

Level: Beginner

Choreographer: Milo Eve (NL) - February 2009

Music: Working on the Chain Gang - The Nylons

Sequence: (32)-64-16-64-64-16-64-64-(32). Tag: End of wall 1 and 3 (start and end at same wall).

Intro 32 count / outro 32 count.

Count: 64

Start at 12.00	
1–2:	RF cross over LF, LF recover weight
3–4:	RF step right, LF close next to
5–6:	RF step right, LF recover weight
7–8:	RF cross over LF, pause
at 12.00	
9–10:	LF step left, RF close next to
11–12:	LF step fwd, RF scuff
13–14:	RF cross over LF, LF step bwd and ¼ right
15–16:	RF step right, pause
at 03.00	
17–18:	LF cross over RF, RF step right
19–20:	LF cross behind RF, RF step right and ¼ right
21–22:	LF step fwd and ¼ right, RF cross behind LF
23–24:	LF tap left, pause
at 09.00	
25–26:	LF cross over RF, RF tap right
27–28:	RF cross behind RF, LF tap left
29–30:	LF cross behind RF and ¼ left, RF recover weight
31–32:	LF step left and ¼ left, RF scuff
at 03.00	
33–34:	RF toe fwd, heel down
35–36:	LF toe fwd, heel down
37–38:	RF step right, LF recover weight
39–40:	RF cross over left, LF step left and ¼ left
at 12.00	
41–42:	RF step fwd, LF close next to
43–44:	RF step right, LF close next to
45–46:	RF step bwd, LF step bwd and $\frac{1}{2}$ left
47–48:	RF step fwd and ½ left, LF tap left
at 12.00	
49–50:	LF cross behind RF, RF step right
51–52:	LF cross over RF, RF lift knee and ¼ left
53–54:	RF step fwd, LF close behind
55–56:	RF step fwd, LF lift knee and ¼ right
at 12.00	
57–58:	LF step left, RF recover weight and ¼ right
59–60:	LF step fwd and ¼ right, RF recover weight and ¼ right
61–62:	LF cross over RF, RF step bwd
63–64:	LF step left, RF scuff
at 09.00	





Wall: 4

Tag:	
1–2:	RF cross over LF, LF step left
3–4:	RF cross behind LF, LF tap left
5–6:	LF cross over RF, RF step right
7–8:	LF cross behind RF, RF tap right
9&10:	RF cross over LF, LF close behind, RF cross over LF
11–12:	LF step left, RF tap next to
13&14:	RF step right, LF recover weight, RF cross over LF
15–16:	LF step left, RF scuff