Isolated

Count: 32 **Wall:** 4 **Level:** Advanced
Choreographer: Debbie McLaughlin (UK) - February 2009
Music: Light On - David Cook

Count in: After 4 counts, On Main Vocals

Side. Rock, Recover, Step ¼ turn R, Sweep, Cross, Step Back, ½ turn L, Step, ¾ turn R, Cross, Unwind

1-2&	Step L to L side, Rock back on R, Recover weight forward onto L
3-4&	Turn ¼ R step fwd R sweeping L foot round, Cross L over R, Step back on R
5-6	Turn ½ L stepping fwd L, Step fwd R (preparing to turn Right)
7&8&	Turn ½ R stepping back L, Turn ¼ R stepping side on R, Cross L over R, Unwind full turn R (R should now be crossed over L, facing 6 o'clock)

Sweep, Behind, Side, Cross, ¼ turn R Step Back, Step Back, Walk L, R, Step Pivot ½ R, Step, ½ L Step Back

1-2&	Sweep R round from front to back, Cross R behind L, Step L to L side
3&4	Cross R over L, Turn ¼ R stepping back L, Step back R (This is almost a back rock - Prepare to walk fwd next!)
5-6	Walk fwd L, Walk fwd R
7&8&	Step L fwd, Pivot ½ turn R taking weight on R, Step fwd L, Turn ½ L stepping back R (facing 9 o'clock)

*** RESTART here DURING Wall 5. Turn ¼ L into big side step L on L to start dance again. (You should be facing 6 o'clock)**

¼ turn Step Side, Rock, Recover, ¼ turn L Step Back, ½ turn Sweep, Fwd Rock, Recover, ½ turn L, Hitch ¼ turn L, Cross, Step pivot ½ turn R, Full Turn

1-2&	Turn ¼ L doing big side step L, Rock back on R, Recover weight forward onto L
3-4&	Turn ¼ L stepping back on R, Sweep L around ½ turn L into a fwd rock on L, Recover weight back onto R
5-6	Turn ½ L stepping fwd L, Hitch R spinning ¼ turn L – step R fwd to L diagonal (facing 11 o'clock)
7&8&	Step L fwd, Pivot ½ turn R taking weight on R, Turn ½ R stepping back L, Turn ½ R stepping fwd R (still angled on the diagonal. You should now be facing 5 o'clock)

Sweep, Cross, Side, Behind, Sweep, Behind, ¼ turn L Step, Step, Rock L, Recover R, Step ½ turn L, ½ Together

1-2&	Squaring up to back wall, sweep L around, Cross L over R, Step R to R side
3-4&	Cross L behind R, Sweep R around and cross R behind L, turn ¼ L stepping fwd L
5-7	Step fwd R, Rock fwd on L, Recover weight back onto R
8&	Turn ½ L stepping fwd L, Continue turning another ½ L bringing right foot together and taking weight. (You should now be ready to push off into a big step L to start the dance again facing 3 o'clock)

Start Again

TAG 1: END of Wall 2 (facing 6 o'clock) – Step Left to left side and sway hips left, then right (taking weight on right) – 2 Counts

TAG 2: END of Wall 4 (facing 12 o'clock) – Step Left to left side and sway hips left, then right (taking weight on right) – 2 Counts

RESTART: DURING Wall 5 after 16 counts restart the dance facing 6 o'clock – Turn ¼ L into your restart.

TAG 3: END of Wall 6 (Facing 9 o'clock) - Step Left to left side and sway hips Left, Right, Left, Right (taking weight on right) – 4 Counts

ENJOY
