You Are Not Alone

Count: 48 **Wall:** 2 **Level:** Advanced
Choreographer: Sandy Kerrigan (AUS) - July 2009
Music: You Are Not Alone - Michael Jackson : (CD: Number Ones)

Dance starts on "Gone"

Step Fwd, Sweep ¼ L Cross, Push Drag Back,Cross, ¼ L Back, Back, Fwd ½ R Back, Step Back,Drag Back

1,2	Step Fwd L, Turning ¼ L Sweep R to Cross Over Left,
3,4	Push L Toe Back, Left Leg Straightens back and can be slightly off the floor
5&6	Cross L over R, ¼ L Step Back R, Step Back L [6:00]
7&8&	Step Fwd R, Turning ½ R step Back L, Step Back R Dragging L Back** [12:00]

L Mambo Step, ¼ L Step Side, Back Rock, Triple Step Turn L Side, Back Rock

1&2&	Rock Back L, Rep Fwd to R, Step Fwd L, Turning ¼ L step R to R Side
3-5&6	Rock Back L, Rep Fwd to R, Turning R - ¼ R Step Back L, ½ R Fwd R, ¼ R Side
7,8&	Rock Back R, Rep Fwd to L, Step R to R Side*** [9:00]

Rock Back, Fwd, ¼ R, ¼ R, Side Drag, Back, Side Ball Step, Behind, Ball Grind Turn ¼ R, Step R Back Tog

1-3&	Rock Back L, Rep Fwd to R, Turning R - ¼ R Step Back L, ¼ R Step R to R Side
4,5	Step L to L Side Dragging R Back to Face Side R45°, Step Back R
&6,7	Step Ball of L to L Side, Step R to R Side [9:00], Cross Step L Behind R
&8&	Place Ball of R Foot to R Side - Turn ¼ R to [6:00], wt on L, Step R Back Tog

Rock Fwd L, Rep, Turn 1 ¼ Back L, Tog, Side Rock, Rep Tog, Turn 1 ¼ R Fwd, Step L Tog

1-3&4	Rock Fwd L, Rep to R, ½ L Fwd L [12:00], ½ L Step Back R, ¼ L Step L to Side,
&5,6&	Step R Tog, L Side Rock, Rep to R, Step Tog L [3:00]
7&8&	¼ R Step Fwd R, ½ R Step Back L [12:00], ½ R Step Fwd R, Step Left Tog [6:00]

Rock Fwd, Back, Step Back, Reverse ½ Pivot L, Step Back, R Coaster Turn, L Coaster Turn, Step Tog

1,2&	Rock Fwd R, Rep Back to L, Step Back R
3&4	Touch Ball of L Back, Turn ½ L on R, Step Back L [12:00]
5&6	Turning ½ R-Step Fwd R, Step Tog L, Step Back R (turning coaster step)
7&8&	Turning ½ L-Step Fwd L, Step R Tog, Step Back L (Turning coaster step) Step Tog R

Sweep Cross, Sweep Cross, Step Tog ½ R, Step Fwd, Step Fwd With Spiral Turn R, Step Fwd, Sweep Cross, Sweep Cross, Fwd L Coaster Step, Step Tog

1-3&	Sweep L to Cross R, Sweep R to Cross over L, Step Tog L-Turning ½ R, Step Fwd R
4&5,6	Step Fwd L with Spiral action 360°R, Step Fwd R, Sweep L to Cross R, Sweep R to Cross over L [6:00]
7&8&	Step Fwd L, Step R Tog, Step Back L, Step Tog R [6:00]

RESTARTS:
Wall 3 - Dance first 8 counts ** restart facing 12:00

Wall 6 - Dance to Count 16 * Add on the following 4 & count tag**

1-3&4&	Rock Back L, Fwd R, Turning ¼ R to 12:00 Back L Coaster Step, Step Tog R, Restart facing 12:00