This Train

Count: 32 **Wall:** 2 **Level:** Improver
Choreographer: Lizzie Clarke (SCO) - June 2009
Music: This Train - Ruby Turner : (CD Single)

Start dance 8 counts after she sings 'All Aboard'

Right strut, cross strut, scissor step, left strut, cross strut, scissor step ¼ right

1&2&3&4	Touch right toe to right side & snap heel down, cross left toe over right & snap heel down, rock right & recover left, cross step right over left
5&6&7&8	Touch left toe to left side & snap heel down, cross right toe over left & snap heel down, rock left & recover right turning ¼ right, step fwd left

Mambo forward, coaster back, rock recover ¼ right, left cross shuffle

1&2,3&4	Rock forward right & recover left, step right beside left, Step back left & step right beside left, step forward left
5&6,7&8	Rock forward right & recover left, turn ¼ right stepping right to side, Cross step left over right & step right to side, cross step left over right

Rumba box, rock recover ¼ left, right cross shuffle, rumba box

1&2,3&4	Step right to side & close left beside right, step forward right, Rock forward left & recover right, turn ¼ left stepping left to side
5&6,7&8	Cross step right over left & step left to side, cross step right over left, Step left to side & close right beside left, step forward left

Charleston steps, rock recover ¼ right & step, rock side recover

1,2,3,4	Touch right toe forward, step back on right foot, touch left toe back, step forward on left foot
5&6&7,8	Rock forward right & recover left, turn ¼ right stepping right to side & step left beside right, rock right to right side, recover left

Start over…….

Dedicated to Laurent who just loves this music.

Happy Dancin'……..Keep Smilin'……..Have Fun