Shaken Not Stirred

Count: 48 **Wall:** 4 **Level:** Improver / Intermediate
Choreographer: Paul McAdam (UK) - October 2009
Music: Don't Get Me Shook Up - Duke Robillard

Count in: 48 counts into song on approximately 27 seconds

(1-8) 2 WALKS BACK, COASTER CROSS ¼ TURN, HIP BALL CROSS X2

1,2	Walk back on left foot, walk back on right foot
3&4	Step back on left foot, step right foot together, make a ¼ turn left and cross left foot over right
5&6	Bump hips a small bump left, step right foot to right side cross left foot over right
7&8	Repeat steps 5&6

(9-16) ¼ TURN SIDE, CROSS SHUFFLE, SWITCH X2, JUMP FORWARD & BACK

1,2	Step right foot to right side, make a ¼ turn left and step left foot to left side
3&4	Cross right foot over left, step left foot to left side, cross right foot over left
5&6	Touch left toe out to left side, step left next to right, touch right toe out to right side.
&7	Step right foot forward, step left foot next to right
&8	Step right foot back, step left foot next to right

(17-24) WALKS X2, SHUFFLE, STEP ½ TURN SHUFFLE

1,2	Walk forward right, walk forward left
3&4	Right shuffle forward
5,6	Step forward on left foot, pivot ½ turn right
7&8	Left shuffle forward

(25-32) HIP BUMP TOUCHES X2 HIP BUMP TURNS X2

1&2	Touch right toe to right diagonal and bump right hip, bump hip back over left foot, step right foot on right diagonal
3&4	Touch left toe to left diagonal and bump left hip, bump hip back over right foot, step left foot on left diagonal
5&6	Make a ¼ turn left and touch right toe to right side bumping right hip, bump hip back over left foot, make a ¼ turn right and step back on right foot
7&8	Make a ¼ turn right and touch left toe to left side bumping left hip, bump hip back over right foot, make a ¼ turn right and step left foot forward

(33-40) ROCK RECOVER ½ TURN SHUFFLES X2

1,2	Rock forward on right foot, recover on left
3&4	½ turn shuffle over right shoulder
5,6	Rock forward on left foot, recover on right
7&8	½ turn shuffle over left shoulder

(41-48) HEEL JACKS X2 ¼ TURN HEEL JACKS X2 WITH TOUCH

&1&2	Step right foot to right side, touch left heel to left diagonal, step left foot down, cross right foot over left
&3&4	Step left foot to left side, touch right heel to right diagonal, step right foot down, cross left foot over right
&5&6	Make a ¼ turn left and step back on right foot, touch left heel to left diagonal, step down on left foot, cross right foot over left
&7&8	Step left foot to left side, touch right heel to right diagonal, step right foot down, touch left toe next to right foot.

START AGAIN AND ENJOY!