Count: 32
Wall: 2
Level: Beginner
Choreographer: Niels Poulsen (DK) - October 2009
Music: Sister Kate - The Ditty Bops

Intro: 8 counts from first heavy beat, app. 10 secs into track. Start with weight on L foot Note: This is a beginner floor-split to Ria Vos' brilliant dance 'Sister Kate'

## ( 1 - 8) $\mathbf{R}$ toe strut, L toe strut, R kick ball change, R rock fw, R coaster step

1\&2\& Step fw on ball of $R$ foot (1), step down on whole foot (\&), step fw on ball of $L$ foot (2), step down on whole foot (2) 12:00
3 \& $4 \quad$ Kick $R$ fw (3), step $R$ next to $L$ (\&), change weight to $L$ foot (4) 12:00
5-6 Rock R fw (5), recover weight to $L$ foot (6) 12:00
7 \& $8 \quad$ Step back on $R$ foot (7), bring $L$ next to $R(\&)$, step fw on $R(8)$ 12:00
(9-16) L toe strut, $R$ toe strut, L kick ball change, $L$ rock fw, $L$ coaster step
1\&2\& Step fw on ball of $L$ foot (1), step down on whole foot (\&), step fw on ball of $R$ foot (2), step down on whole foot (2) 12:00
3 \& $4 \quad$ Kick $L$ fw (3), step $L$ next to $R(\&)$, change weight to $R$ foot (4) 12:00
5-6 Rock L fw (5), recover weight to $R$ foot (6) 12:00
7 \& $8 \quad$ Step back on $L$ foot (7), bring $R$ next to $L$ (\&), step fw on $L$ (8) 12:00
(17-24) R rock fw, $R$ shuffle back, $L$ rock back, $L$ shuffle fw
1-2 Rock fw on $R$ (1), recover weight to $L$ foot (2) 12:00
3 \& $4 \quad$ Step back on $R(3)$, bring $L$ next to $R(\&)$, step back on $R(4)$ 12:00
5-6 Rock back on $L$ foot (5), recover weight to $R$ foot (6) 12:00
7 \& $8 \quad$ Step fw on $L(7)$, bring $R$ next to $L(\&)$, step fw on $L(8)$ 12:00
(25-32) Step $1 / 4 L \times 2, R$ charleston step
1-2 Step fw on $R$ foot (1), make $1 / 4 L$ (weight on L) (2) 9:00
3-4 Step fw on $R$ foot (3), make $1 / 4 L$ (weight on L) (4) 6:00
5-6 Point $R$ foot fw (5), step back on R (6) 6:00
7-8 Point $L$ foot back (7), step fw on $L$ (8) 6:00
Begin again!...
TAG After wall 1 (facing 6:00), wall 3 (facing 6:00) and wall 6 (facing 12:00). Add a R charleston step:
1-4 Point $R$ fw (1), step back on $R(2)$, point $L$ back (3), step fw on $L$ (4)
niels@love-to-dance.dk - www.love-to-dance.dk

