Cry Me Out

Count: 32 **Wall:** 2 **Level:** Higher Intermediate / Advanced
Choreographer: Malene Jakobsen (DK) - October 2009
Music: Cry Me Out - Pixie Lott : (Album: Turn It Up - Bonus Track Version)

Note:The music sounds as if it's a very fast waltz, however it is not a waltz.

Intro: 8 counts from when the beat kicks in, 17 sec. into track - dance begins with weight on R.

(1-7) Side, back rock, side, touch, 1/8, mambo, ¼, ¼, full turn, rock

a1-2	(a) Step L to L, (1) rock back on R, (2) recover onto L 12.00
&a3	(&) Step R to R, (a) touch L beside R (3) step L to L diagonal 10.30
4&a	(4) Rock forward on R, (&) recover onto L, (a) step slightly back on R 10.30
5-6	(5) Rock L to L making ¼ turn L, (6) recover onto R making a ¼ R 10.30
&a7	(&) Turn ½ R stepping back on L, (a) turn ½ R stepping forward on R, (7) step forward on L 10.30

(8-15) Recover ½, ball steps, step sweep, cross rock, side, cross rock, 1/8, ball, side, coaster, rock

8&	(8) Recovering onto R make ½ turn L on ball of R, (&) step L next to R 4.30
a1	(a) Step R next to L, (1) step forward on L sweeping R from back to front 4.30
2&a3	(2) Cross R over L, (&) recover onto L, (a) step R to R, (3) cross L over R 4.30
4&	(4) Recover onto R, (&) turn 1/8 L stepping L to L 3.00
a5	(a) Step R next to L, (5) large step L to L dragging R towards L 3.00
6&a	(6) Step back on R, (&) step L next to R (a) step forward on R 3.00
7	(7) Rock forward on L,

(16-24) ¼, cross shuffle with sweep, cross shuffle, ¾, shuffle, full turn, back, back, sweep

8	(8) Recover onto R making 1/4 turn R 6.00
&a1	(&) Cross L over R, (a) step R to R, (1) cross L over R sweeping R from back to front 6.00
2&a	(2) Cross R over L, (&) step L to L, (a) cross R over L 6.00
3	(3) Step L to L and make ¾ turn R on ball of L 3.00
4&a	(4) Step forward on R, (&) step L next to R, (a) step forward on R 3.00
5-6&	(5) Step forward on L, (6) turn ½ R, (&) turn ½ R stepping L next to R 3.00
a7	(a) Step back on R, (7) take a long step back on L starting to sweep R from front to back 3.00
8	(8) Finish R sweep 3.00

(25-32) Behind, side, cross rock, ¼, ball step, mambo, ¼ x 4, hold

&a1	(&) Cross R behind L, (a) step L to L, (1) cross R over L 3.00
2&	(2) Recover onto L, (&) turn ¼ R stepping forward on R 6.00
a3	(a) Step L next to R, (3) take a long step forward on R dragging L towards R 6.00
4&a	(4) Rock forward on L, (&) recover onto R, (a) step slightly back on L 6.00
5	(5) Turn ¼ R stepping forward on R 9.00
&6	(&) Step forward on L, (6) turn ¼ R stepping forward on R 12.00
&7	(&) Step forward on L, (7) turn ¼ R stepping forward on R 3.00
&8	(&) Step forward on L, (8) turn ¼ R stepping forward on R 6.00
&	(&) Hold

TAG: It only happens once after wall 5, you'll be facing 6 o'clock
(1-4) Steps back with sweeps x 3, back, hold

1&a	(1) Step back on L, (&a) sweep R from front to back 6.00
2&a	(2) Step back on R, (&a) sweep L from front to back 6.00
3&a	(3) Step back on L, (&a) sweep R from front to back 6.00

4& (4) Step back on R (&) hold 6.00

TAG: There is a 4 counts tag after wall 5.

Contact: lovelinedance@live.dk