# Mr. Postman

**Count: 32** 

Level: Beginner

Choreographer: Jeanette Karlsson (SWE) - December 2009

Music: Please Mr. Postman - Carpenters

## Starts after16 counts intro

#### Section 1

#### Chasse right, back rock, chasse left, back rock

- 1&2 Step right to right side. Close left beside right. Step right to right side.
- 3-4 Rock back on left. Rock forward onto right.
- Step left to left side. Close right beside left. Step left to left side. 5&6
- 7-8 Rock back on right. Rock forward onto left.

# Section 2

## Step touch x 2, "V step"

- Step right to right side. Touch left beside right. 1-2
- 3-4 Step left to left side. Touch right beside left.
- 5-6 Step forward and out on right. Step forward and out on left.
- 7-8 Step back on right. Close left to right.

# Section 3

Rock forward,	1/2 turn shuffle back, 1/4 turn right, cross shuffle
1 0	Pock forward on right. Pock back onto loft

- 1-2 Rock forward on right. Rock back onto left.
- 3&4 Shuffle half turn right by stepping right-left-right (facing 6 o'clock).
- 5-6 Step forward on left foot, make a 1/4 turn to right (facing 9 o'clock).
- 7&8 Cross left foot in front of right, step right to right side, cross left in front of right.

# Section 4

#### Right scissor step, hold, left scissor step, hold

- 1-2 Step right to right side. Step left beside right.
- 3-4 Step right across front of left. Hold (clap).
- 5-6 Step left to left side. Step right beside left.
- 7-8 Step left across front of right. Hold (clap).





Wall: 4